

Innovative Approaches to Mental Health in Primary Care

Day one – 28th May

Time	Session	Facilitator
09.00	Welcome to Gothenburg <ul style="list-style-type: none"> Involving all four Gothenburg matches together 	Cecilia
09.15	Introductory exercise <ul style="list-style-type: none"> 'Temperature test' exercise to set the scene for our discussions 	Chris
10.00	Key topics and questions <ul style="list-style-type: none"> Participants write on post-it notes key topics and questions they would like to explore during the match 	Chris
10.15	Definitions and terminology <ul style="list-style-type: none"> Clarifying the terminology that we will be using throughout the match 	Ben
10.30	Break	
10.45	Rapid country overviews <ul style="list-style-type: none"> Key strengths and challenges – 2 minutes per country, without slides Participants write questions on post-it notes 	Cecilia
11.15	Table discussions: challenges and success factors <ul style="list-style-type: none"> Based on the rapid country overviews, what are the key challenges and success factors, and how do these vary by country? 	
11.45	Brief feedback from each table <ul style="list-style-type: none"> Including any questions raised by the discussion 	Chris
12.00	Lunch	
13.00	Primary care mental health in the UK <ul style="list-style-type: none"> Chris Naylor – Policy context & overview of different options being developed Emma Tiffin – Case study 1: the PRISM service in Cambridgeshire and Peterborough Fiona Goudie and Steve Thomas – Case study 2: Innovations in Sheffield 	Chris
14.30	Break	
14.45	World café <ul style="list-style-type: none"> Themed conversations based on the key topics/questions identified earlier in the day Participants have the opportunity to join two of the discussion groups 	Ben
16.00	Feedback from world café facilitators	Ben
16.15	A Swedish perspective <ul style="list-style-type: none"> Hans Thulesius – Reflections on the day and implications for Sweden 	
16.30	Looking to tomorrow <ul style="list-style-type: none"> Feedback from participants on day one, and suggestions on how to get the most out of day two Participants to write on post-it notes their answer to the question: "What was the most important thing you learnt today?" 	Chris
16.45	Close	
	Social activity 16.30 – 17.30 Mingel at Campus 17.30 Dinner at Dockyard	

Day two – 29th May

Time	Session	Facilitator
08.45	Warming up for day two <ul style="list-style-type: none"> Facilitated discussion using 'constellations' exercise Recapping key points from day one (including a summary of the post-it notes from the final session) 	Chris
09.15	Primary care mental health in the USA <ul style="list-style-type: none"> Ben Miller – an overview of different approaches, key themes, challenges and resources 	Ben
10.00	Break	
10.15	Collaborative care in primary care settings <ul style="list-style-type: none"> Cecilia Björkelund and Jeanette Westman – results from PRIM-CARE RCT and implementation 	Cecilia
11.15	Children and young people's mental health in primary care <ul style="list-style-type: none"> Karin Isherwood and Michelle Hurtubise 	Chris
12.00	Lunch	
12.45	Primary care mental health in Australia and New Zealand <ul style="list-style-type: none"> Rod Astbury – primary care mental health in Western Australia Susan Hallwright – new model of primary care mental health in ProCare Health, New Zealand 	Ben
13.45	Break	
14.00	Group discussions <ul style="list-style-type: none"> What needs to happen to make faster progress on primary care mental health in your own country? What are the key insights from the match? 	Chris
15.00	Planning for the future <ul style="list-style-type: none"> What next? How do we build on the networks and ideas developed in the match? What scope is there for further international collaboration on primary care mental health? 	Ben
15.50	Thanks and farewell	Cecilia
16.00	Close	