



Working with you to make Sheffield
HEALTHIER

NHS
Sheffield
Clinical Commissioning Group

NHS
Sheffield Health
and Social Care
NHS Foundation Trust

Primary Care and Community Well Being Perspectives from Sheffield

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Sheffield

- Serving a diverse population of 560,000
- 84 Sheffield General Practices
- Huge challenges in tackling long standing health inequalities and poverty

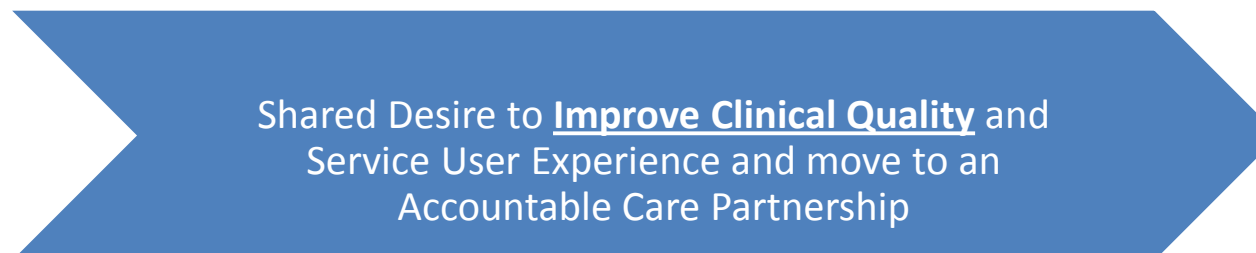
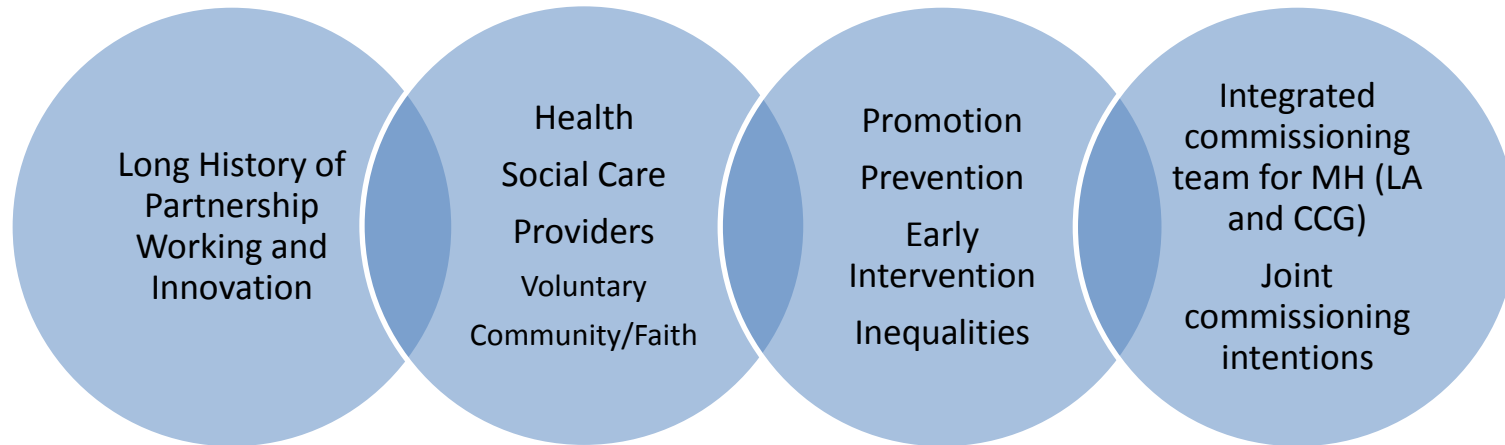


www.sheffieldccg.nhs.uk

<https://shsc.nhs.uk/>

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Local Context



City Wide Approach

We will collectively support implementing the Sheffield Tackling Poverty Strategy

We will tackle inequalities

We will work with our staff and teams to promote flexibility, to promote patient centred services

We will invest heavily into the development of neighbourhood working

We will agree a single risk stratification process for our population

We will increase the proportion of children and young people who are school and life ready

We will implement new services that help grow and nurture life chances

We will have midwife led care in every community

We will empower parents, families and carers to provide healthy, stable and nurturing family environments

We will design our services to support improved emotional wellbeing and mental health for children, young people and adults

We will recognise the link between employment and physical and mental health

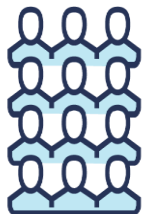
Our Vision for the Accountable Care Partnership



Five Year Forward View for Mental Health

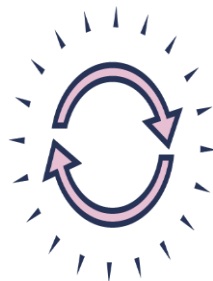
IAPT Expansion

1.5 million people



By 2020/21
1.5 million
people
entering
treatment in
IAPT

Integration



2/3rds of this
expansion –
integrating physical
and mental health:
development of
Integrated IAPT

Top-up training



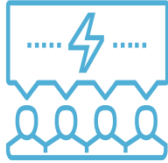
National Top-up
training
curriculum
underway for
PWP's and CBT
– for LTC/MUS

Evidence-base



Maintaining
integrity to the
key
characteristics
of IAPT and
implementing
national
guidance

Key Principles



Whole pathway approach

Integrate Step 1 to 4 psychological interventions within condition specific pathways



Partnership working

work with CCG, primary care and 'neighbourhoods' to understand local populations/ key priorities. Developing further partnerships with STH, specialist services & third sector



Integration

greater parity of esteem- part of the multidisciplinary teams **within** and **across** the pathways



Close to home

Deliver psychological therapy at 'Neighbourhood' level



Mental health promotion

Increase identification of anxiety and depression in physical health settings enhanced by joint training

Video Link

- <https://www.england.nhs.uk/mental-health/case-studies/chronic-pain-and-low-back-pain-pathway-at-sheffield-improving-access-to-psychological-therapies-iapt-service/>



Public Health
England

Health and Work Spotlight on Mental Health



Almost
1 in 6

people of working age
have a diagnosable
**mental health
condition**

Mental health conditions are a leading cause
of sickness absence in the UK



were lost to
**stress, depression
and anxiety' in
2014 –**
an increase of 24% since 2009



**long-term
sickness
absence**
in England **attributed
to mental ill health**

In 2015, some **48%** of

Employment and Support Allowance recipients

had a **'Mental or Behavioural disorder'**
as their primary condition



Of people with
physical long
term conditions,

1 in 3

also have
mental illness,
most often depression
or anxiety

Work can be a
cause of stress
and common mental
health problems:

in 2014/15
9.9m days
were lost to

**work-related
stress,
depression
or anxiety**



In 2016,

42.7%
employment rate

for those who report mental illness
as their main health problem (Mental
illness, phobia, panics, nervous
disorders (including depression, bad
nerves or anxiety). **Compared to
74% of all population**

Each year
mental ill-health
costs the economy
an estimated

£70bn

through lost productivity, social benefits
and health care.



Work and Health

Framework

A whole population approach to Health, Skills & Employment



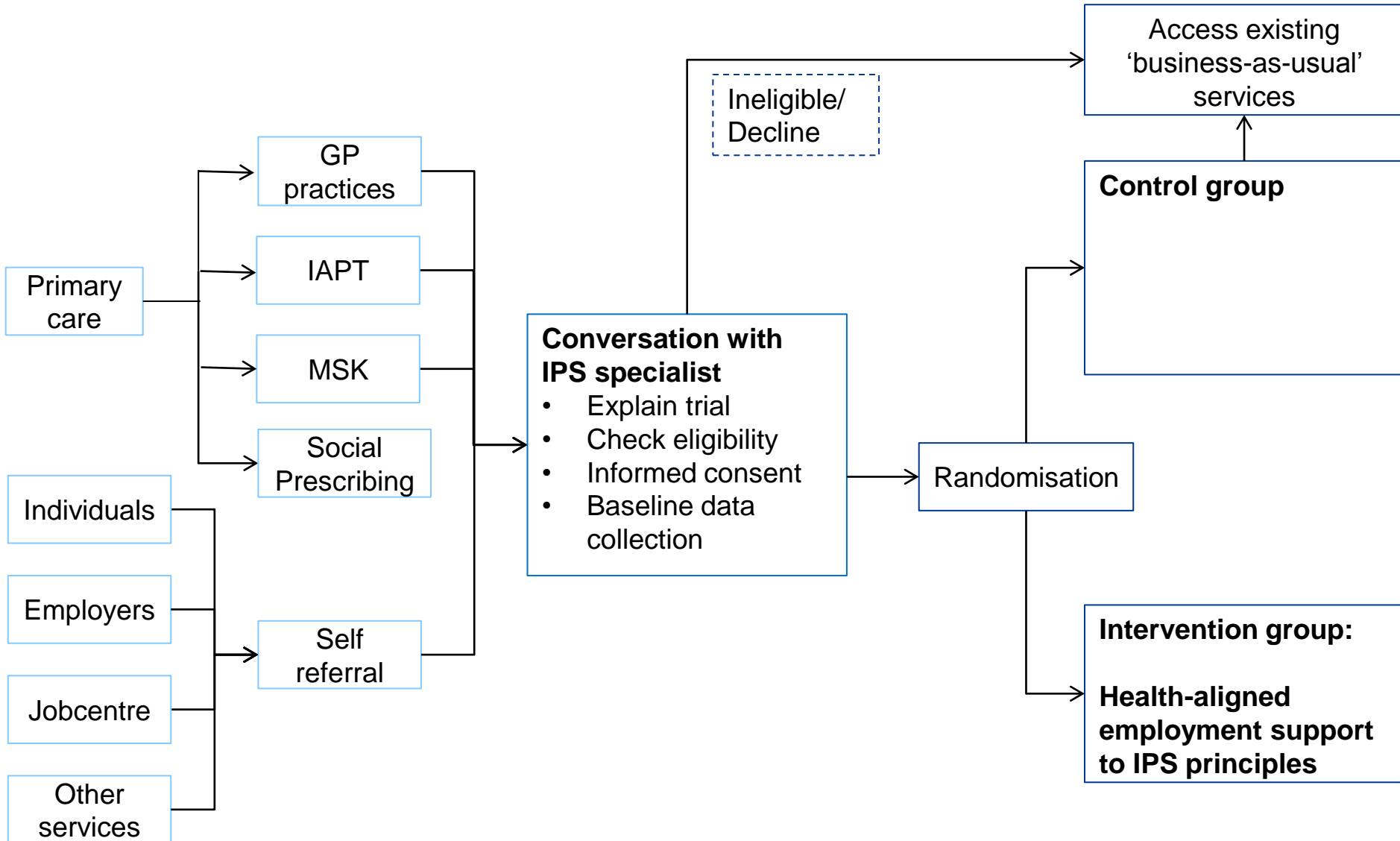
Care & Support	Health, Skills & Employment	Early Help For those in work & those close to the labour market	In Work
<ul style="list-style-type: none">• Social Prescribing Programme• Substance Misuse Programme• LD & Mental Health Support	<ul style="list-style-type: none">• DWP Core Offer• National Work & Health Programme• Health Led Trial• Lottery Funded Building Better Opportunities, Talent Match• IPS Trial in Substance Misuse• IPS extension in Mental Health Treatment• ESF funded - P2P, Transitional Labour Market, Flexible Learning Fund, Skills Hub, Business & Industry• AEB funded activity, Community Learning, FE• Building Successful Families	<ul style="list-style-type: none">• DWP Core Offer• Devo' Employment Pilot• ESF Transitional Labour Market• Sheffield's Working Well• Opportunity Sheffield	<ul style="list-style-type: none">• Disability Confident• National Fit For Work• SOHAS• Workplace Well Being• Skills Bank• Key Worker Support – job holder & employer• Access to Work• Sheffield Fair Employer Charter• Sheffield Inclusive Growth

Building employability. Connecting people with work. Diversifying the workforce.

Sheffield City Region (SCR) Health-led Employment Trial

- **SCR trial is a modified Individual Placement and Support (IPS) model of employment support**
 - Core IPS principles and features: modified IPS fidelity scale; voluntary; place-then-train model; intensive and personalised; client preferences; employer engagement
 - Innovative areas of flex to the modified IPS model being tested in the SCR trial
 - Cohort: Low to moderate mental health and/or physical health conditions
 - Employment status: out of work, in-work off-sick or in-work and struggling in the workplace
 - Health contexts: primary care not secondary care
 - Scale: large volumes compared to typical IPS programme
 - Time-limited: employment support on a time-limited max 12 month

Health-led employment trial model



With thanks to

Sheffield IAPT

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Public Health, Sheffield

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