IIMHL AND IIDL UPDATE

Welcome to this bi-monthly edition of Update for 15 June 2016.

IIMHL and IIDL aim to improve client outcomes through leadership development in the mental health, addiction and disability sectors.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars.

Please feel free to share this e-bulletin with others.

IIMHL / IIDL Leadership Exchange 2017

Theme: Contributing Lives, Thriving Communities

27th February to 3rd March 2017

The next Leadership Exchange takes place across Australia and New Zealand, with the Combined Meeting being hosted in the beautiful city of Sydney, Australia. The matches are being finalised, and both matches and the registration process will be on the IIMHL and IIDL website in late June.

We urge members to book accommodation for this event as a matter of priority using the link below. Sydney is hosting many international events at this time (e.g. Mardi Gras) and accommodation will be at a premium. All Hilton rooms are King rooms or twin share (two single beds) for the excellent price of A$329.00, given the high cost of hotel rooms in Sydney.

http://www.hilton.com/en/hi/groups/personalized/S/SYDHITW-GIIMH-20170226/index.jhtml?WT.mc_id=POG

In this issue:

- **IIMHL Feature Article - World Bank/WHO**
  - **"Out of the Shadows" 2016**

- **Other IIMHL Articles of Interest - Scotland**
  - **Creating a Healthier Scotland: What matters to you**
  - **How Recovery Focused are We? Learning from Four Years of the Scottish Recovery Indicator**
  - **Human Rights in Mental Health Care in Scotland: A report on progress towards meeting commitment 5 of the Mental Health Strategy for Scotland: 2012-2015**
  - **Rights and Recovery in Mental Health**
  - **The Rights for Life Declaration is Now Live!**
  - **The Scottish Mental Health Partnership (SMHP) 2016**
  - **Technology Charter For People Living with Dementia in Scotland**
  - **Five Provocations for the Future of Health and Social Care: What is needed to transform Scottish society so that all citizens are able to thrive?**
  - **Peer Support Roles in Mental Health Services**

TheMHS Conference, Auckland, New Zealand, 23-26 August 2016

- **IIDL Feature Article - New Zealand**
  - **A Guide to Community Engagement with People with Disabilities**

IIMHL Feature - World Bank / WHO

"Out of the Shadows", 2016
World Bank & WHO meeting

The Report of Proceedings of WBG/WHO Event "Out of the Shadows: Making Mental Health a Global Development Priority" held as part of the WBG/IMF Spring Meetings on April 13-14, 2016, Washington, D.C.

http://www.iimhl.com/files/docs/20160611.pdf

Other IIMHL Articles of Interest - Scotland

Creating a Healthier Scotland: What matters to you
Scottish Government, 2016

Health and wellbeing are important for all of us. This Government believes everyone should have a say in shaping the future. So we asked for your views - and we've been listening. In August 2015 we began a national conversation on what a healthier Scotland would look like.
https://creatingahealthierscotland.files.wordpress.com/2016/03/creating-a-healthier-scotland-summary-report2.pdf

How Recovery Focused are We? Learning from Four Years of the Scottish Recovery Indicator

Scottish Recovery Network, 2016

The Scottish Government welcomes the publication of this report. It is extremely encouraging that almost 400 services in the health and social care sectors have demonstrated their commitment to recovery focused practice by completing the SRI 2 process over the last four years. The evidence presented in this report shows that SRI 2 has been used in both community and inpatient settings across Scotland, and it has increased the focus on recovery amongst both practitioners and people supported by services.

http://scottishrecovery.net/wp-content/uploads/2016/04/SRI2_Report_Final_Web.pdf

Human Rights in Mental Health Care in Scotland: A report on progress towards meeting commitment 5 of the Mental Health Strategy for Scotland: 2012-2015
Scottish Human Rights Commission and Mental Welfare Commission for Scotland, September 2015

In the Mental Health Strategy the Scottish Government made the commitment to work with the Mental Welfare Commission and the Scottish Human Rights Commission to develop and increase the focus on rights as a key component of mental health care in Scotland. This report is an important step forward in identifying the wide range of good practice and key activities across the Scottish landscape which are taking us towards fully embedding a culture of human rights.

http://www.scottishrecovery.net/images/stories/downloads/final_mwc_shrc_commitment_5_report.pdf

Rights and Recovery in Mental Health
Scottish Recovery Network, October 2015

The purpose of this paper is to provide an overview of the connections between human rights and recovery in mental health. It is intended to be the first in a series of SRN outputs that will explore and develop some of the ideas contained here in more detail. After a brief outline of the current national and international context, the paper describes the links between the human rights model of disability and personal recovery.

http://www.iimhl.com/files/docs/20160615a.pdf

The Rights for Life Declaration is Now Live!
Scottish Recovery Network, 2016

This landmark document is a statement of the rights being called for by people affected by mental health issues in Scotland. Its aim is to help achieve real change to how people affected by mental health problems enjoy their rights.
The Declaration is accompanied by the Rights for Life Change Agenda. This is intended to generate action to deliver the progressive realisation of the rights of people with mental health issues in Scotland today.
https://rightsforlife.org/

The Scottish Mental Health Partnership (SMHP) 2016

This agency is calling for a radical shift in Scotland's approach to mental health. The partnership – made up of 14 national organisations (see end) – wants to see a change from a system whose primary focus is crisis intervention, to one where everyone's mental health and wellbeing counts. It is also calling for a high level, independent commission to inform the future direction of mental health policy – and says that short-termism should be ditched, in favour of a long term vision that lasts a decade or even longer.
http://scottishrecovery.net/resource/jennifer-trueland-rethinking-mental-health-in-scotland/

Technology Charter For People Living with Dementia in Scotland
Alzheimer Scotland, 2016

This Charter is a call to action, for us all to work together to actively promote the use of technology in health and social care and to benefit the increasing number of people living with dementia in Scotland and their families. To be a mandate founded on a common set of core values and principles so that people living with dementia in Scotland benefit from technology to help them live a healthy life safely, securely and confidently as full citizens in society.

http://www.alzscot.org/assets/0002/0289/Technology_Charter_for_People_with_Dementia_in_Scotland.pdf

Five Provocations for the Future of Health and Social Care: What is needed to transform Scottish society so that all citizens are able to thrive?
The Health and Social Care Academy, 2016

Following the Academy's inaugural Think Tank in October 2015, this paper (in graphics form explores each of the themes that emerged. It provides context and a narrative for how change in each of these areas could transform health and social care in Scotland. These provocations will shape the Academy's future work, as they aim to encourage conversation, debate, new ideas and action around these themes.

http://scottishrecovery.net/wp-content/uploads/2016/04/Health_Social_Care_Academy_Think_Tank_Graphic_Report.pdf

Peer Support Roles in Mental Health Services
Louise Christie, Scottish Recovery Network, May 2016

Key points include:

- Peer support roles are particularly effective in supporting issues identified as central to recovery, including hope, empowerment and social inclusion.
- There is evidence of an increased focus on recovery; better awareness of the value of lived experience in services and relationships; and a reduction in stigma and a 'them and us' attitude through peer support.
- Peer support roles help services implement goals set by wider policy, such as the co-production of services; and adopting a strengths, and rights-based, as well as a recovery-focused approach.

http://www.scottishrecovery.net/wp-content/uploads/2016/05/Iriss_Insight_31_peer_support.pdf

---

TheMHS Conference, Auckland, New Zealand, 23-26 August 2016

The annual TheMHS Conference is held in a different city around Australia and New Zealand each year and attracts approximately 1,000 delegates annually.
The Conference is strongly interdisciplinary and multisectoral – making TheMHS Conference *the* place to be for networking in the mental health sector. Our delegates come from a diverse range of personal and professional backgrounds including clinicians, managers, consumers, carers, researchers, educators and policy makers.

TheMHS Conference Programme (preliminary) is online www.themhs.org

---

IIDL Feature - New Zealand

A Guide to Community Engagement with People with Disabilities
Ministry of Health, 2016

Created in association with disabled people's organisations, the guide will help agencies and organisations, such as government departments, local bodies, district health boards, schools, community groups and disability support services providers. It focuses on engaging with people with learning/intellectual, physical and/or sensory disabilities. However, much of its advice can also be applied to work with people who experience mental health conditions.

https://gallery.mailchimp.com/c4f6b2fca0e12e49c424dea9f/files/guide_community_engagement_people_disabilities_MOH_2016.01.pdf

Fran Silvestri
President & CEO, IIMHL
fran@iimhl.com

General enquiries about this Update or for other IIMHL information please contact Erin Geaney at erin@iimhl.com.

Join IIMHL / IIDL
Any leader in mental health, addiction and disability services can join IIMHL or IIDL free by using this link: http://www1.iimhl.com/Join.asp

Please note: We try to find articles, new policies, research that has been released or opinion pieces we think are interesting to reflect on. Sometimes those who receive these may feel is not accurate either for its use of data or not aligned with their views. IIMHL does not endorse any article it sends out as we try to rapidly share information.