



From the IIMHL and IIDL Update List

Welcome to this bi-monthly edition of Update for 30 September 2016.

IIMHL and IIDL aim to improve client outcomes through leadership development in the mental health, addiction and disability sectors.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars.

Please feel free to share this e-bulletin with others and we would be delighted if you would join us on Facebook.

In this issue:

- [IIMHL / IIDL Leadership Exchange 2017 - note Draft Agenda available for viewing](#)
- IIMHL Feature Article - New Zealand
 - [The Commissioning Framework for Mental Health and Addiction](#)
- Other IIMHL Articles of Interest - New Zealand
 - [Strategy to Prevent and Minimise Gambling Harm 2016/17 to 2018/19](#)
 - [Nga- Ra- hui Hau Kura Suicide Mortality Review Committee Feasibility Study 2014–15 Summary Report](#)
 - [Closing the Loop: A person-centred approach to primary mental health and addictions support](#)
 - [Attitudes towards Ageing Research](#)
 - [The Determinants of Health for Children and Young People in New Zealand, 2014](#)
 - [Family Violence Assessment and Intervention Guideline: Child abuse and intimate partner violence \(2nd edn\)](#)
 - [Going digital to deliver wellbeing services to young people? Insights from e-tools supporting youth mental health and parenting](#)
 - [State of Care, 2016: What we learnt from monitoring Child, Youth and Family](#)

- **IIDL Feature Articles - Canada**
 - [My Compass Planning App](#)
 - [The Citizen Action Lab](#)

IIMHL / IIDL Leadership Exchange 2017

Theme: Contributing Lives, Thriving Communities
27th February to 3rd March 2017

Registration and Match Selection Open

To register: <http://www.iimhl.com/iimhl-leadership-exchange-2017-sydney#Register>

- To select an IIMHL match: <http://www1.iimhl.com/Meetings/Themes.asp>
- To select an IIMHL or IIDL match: <http://www.iimhl.com/iimhl-leadership-exchange-2017-sydney#Theme>
- To view the **DRAFT AGENDA** for the Combined Meeting **IIMHL and IIDL**:
http://www.iimhl.com/files/docs/2017_Draft_Agenda.pdf

Each country has an allocation of places, so waiting lists may start if the allocation is reached early.

IIMHL Feature - New Zealand

The Commissioning Framework for Mental Health and Addiction
 Ministry of Health, 2016

This document aims to place people at the centre of commissioning to achieve equitable outcomes, wherever they live and whatever their circumstances. It is part of an outcomes-focused approach intended to shift the focus from how things are done to outcomes that will make a real difference for people experiencing mental health and/or addiction.

The Commissioning Framework describes a nationally consistent approach to commissioning that supports the direction set in *Rising to the Challenge* (Ministry of Health 2012), both now and in the future. It takes into account the social determinants of health by taking a much broader approach to health and wellbeing. Commissioning is defined as 'the process of continuously developing services and committing resources to achieve the best health outcomes for individuals and the population, ensure equity and enhance experience within the resources available'. Commissioning frameworks set out an ideal approach to using available resources to achieve the best outcomes in the most efficient, effective and sustainable way.

<http://www.health.govt.nz/publication/commissioning-framework-mental-health-and-addiction-new-zealand-guide>

Other IIMHL Articles of Interest - New Zealand

Strategy to Prevent and Minimise Gambling Harm 2016/17 to 2018/19

(2016). Wellington: Ministry of Health

In this latest strategy document, the Ministry of Health sets out its approach to, and budget for, funding and coordinating services to prevent and minimise gambling harm during the three year period starting 1 July 2016.

https://gallery.mailchimp.com/c4f6b2fca0e12e49c424dea9f/files/strategy_prevent_minimise_gambling_harm_MOH_2016.pdf

Nga- Ra- hui Hau Kura Suicide Mortality Review Committee Feasibility Study 2014–15 Summary Report

The Health Quality & Safety Commission, 2016

The Commission trialled a suicide mortality review mechanism to improve knowledge of contributing factors and patterns of suicidal behaviour in New Zealand, and to better identify key intervention points for suicide prevention'. To address this action, the Commission began work on a feasibility study in late 2013.

The aims of the study were to:

- test a number of tiered approaches/mechanisms and capture the lessons in developing and implementing these
- provide additional information on contributing factors and patterns in the three population subgroups selected because they have higher rates of suicide
- provide insights that might point to potential indicators, intervention points or levers to prevent suicide and improve equity for these subgroups
- test a process for cross-agency data collection and capture what has been learned
- identify whether analysis of this data provides useful insights.

<https://www.hqsc.govt.nz/assets/SUMRC/PR/SuMRC-summary-report-May-2016.pdf>

Closing the Loop: A person-centred approach to primary mental health and addictions support

Network 4, a collaboration of New Zealand's four largest Primary Health Organizations (PHO): Compass Health, Pinnacle Midlands Health Network, Pegasus Health and ProCare Health, 2016

"I believe primary care is a critical part of addressing increased pressure on mental health services. Supporting primary care to do this will be a key focus moving forward," Minister of Health, Jonathan Coleman, Royal New Zealand College of General Practice conference, Auckland 2016.

This document articulates a future vision of primary care-based mental health services that draw together the skills and resources of all the relevant agencies to transform a reactive, transactional system of treatment to a holistic, person-centered, responsive system of care and support.

New Zealand needs a fundamental shift in the way mental health and addiction services are delivered. Significant and sustainable change is required to transform a reactive, transactional system of treatment to a holistic, person-centred, responsive

system of care and support. Too many people currently do not have access to timely and integrated care and support that would enable them to achieve the best possible outcome for their individual circumstances.

http://static1.squarespace.com/static/57a93203d482e9bbf1760336/t/57bcbd8dd482e927298969c5/1471987087312/PROC+0015+Closing+the+Loop+-+Booklet_FINAL_PDF+for+WEBSITE.pdf

Attitudes towards Ageing Research

Commissioned by the Office for Seniors, Ministry of Social Development
August, 2016

The report shows New Zealanders have high levels of respect for seniors and acknowledge the value of their contribution to society. However, a number of older people reported feeling lonely, socially isolated and/or invisible.

https://gallery.mailchimp.com/c4f6b2fca0e12e49c424dea9f/files/Attitudes_towards_a_geng_Senior_Office_2016.pdf

The Determinants of Health for Children and Young People in New Zealand, 2014

This 463 page report was produced as the result of a contract between the Ministry of Health and the Paediatric Society of New Zealand, and was written by the NZ Child and Youth Epidemiology Service (NZCYES). The NZCYES is located in the Department of Women's and Children's Health at the University of Otago's Dunedin School of Medicine. To read the article in full:

https://gallery.mailchimp.com/c4f6b2fca0e12e49c424dea9f/files/The_determinants_of_health_for_young_people_and_children_in_New_Zealand_UO_2016.pdf

Postnatal Depression in New Zealand: Findings from the 2015 New Mothers' Mental Health Survey

(2016, May). Wellington: Health Promotion Agency.

The report provides useful insight into some of the characteristics and experiences of women potentially experiencing postnatal depression in New Zealand. Its purpose is to add to the current knowledge about postnatal depression in New Zealand by providing, among other things, an indication of its prevalence and help-seeking behaviour.

https://gallery.mailchimp.com/c4f6b2fca0e12e49c424dea9f/files/Postnatal_Depression_in_New_Zealand_Findings_from_the_2015_New_Mothers_Mental_Health_Survey_2016.pdf

Family Violence Assessment and Intervention Guideline: Child abuse and intimate partner violence (2nd edn)

Fanslow J L, Kelly P,
Ministry of Health. 2016.

The Ministry of Health has published this 133-page refreshed version of the Family Violence Assessment and Intervention Guideline: Child abuse and intimate partner

violence. It contains updated research and practice information to inform health care response to this important issue, and will enhance and support the work of one of the Ministry's flagship programmes, the Violence Intervention Programme.

https://gallery.mailchimp.com/c4f6b2fca0e12e49c424dea9f/files/family_violence_assessment_intervention_guideline_MOH_2016.pdf

Going digital to deliver wellbeing services to young people? Insights from e-tools supporting youth mental health and parenting

Social Policy Evaluation and Research Unit (SUPERU), June 2016

Targeting programme funders and providers as well as policymakers, this What Works offers high-level guidance for better understanding what works – and what doesn't – in digitising services to support the wellbeing of young people.

Technology offers a way of diversifying and extending delivery of mental health and parenting support services, potentially improving reach, filling gaps and providing early intervention.

From online programmes to serious games, video conferencing and text counselling, digital platforms lend themselves to providing preventive and self-managed care options, with commonly cited benefits including consumer empowerment, scalability, possible efficiency gains, reduced burden and social cost, standardisation of programmes and access to usage data.

<http://www.superu.govt.nz/sites/default/files/What%20Works%20Going%20digital.pdf>

State of Care, 2016: What we learnt from monitoring Child, Youth and Family Children's Commissioner, 2016

We have focused this second State of Care report on what it means to be child-centred. We hope that it provides some clarity about what it means to work in child-centred ways, and offers some practical suggestions for how CYF can start to embed child-centred practices now, even in the context of a dramatically changing environment. This should mean that children have their rights upheld and their lives improved as a result of their contact with the care and protection and youth justice systems. After all, these services exist to protect children and young people, and help them to heal and recover so they can lead full and thriving lives. We should accept no less.

<http://www.occ.org.nz/assets/Publications/OCC-State-of-Care-2016FINAL.pdf>

IIDL Features - Canada

My Compass Planning App Skills Society

Skills Society, [Lift Interactive](#) and Southern Alberta Community Living Association have collaborated to build a game changing social innovation that uses new

technology to improve the quality of life of people receiving supports through human service organizations.

Click the link for more info at MyCompassPlanning.com

After five years of research and development the partners have developed a user friendly App called My Compass: People Powered Planning that provides an engaging and humanized experience in how individualized services of people with disabilities are designed. The App will work on tablets, smart phones, or any computer and also is a means to report in meaningful ways on outcomes and action plans.

<http://www.skillsociety.ca/projects/humanized-service-planning-app/>

The Citizen Action Lab Skills Society



Skills Society is continuously finding ways to foster relevant creativity in our day-to-day work in order to achieve better quality outcomes for the individuals we serve. Developed over 5 years into its current form, the Citizen Action Lab is a think tank for discovering innovative ways to connect people with disabilities to meaningful citizenship roles and employment opportunities in community. The Citizen Action Lab is a process that helps unlock creativity in Community Support Workers so they can strengthen their approaches to supporting people with disabilities to uncover and connect with all the things that make life great.

Using disciplined creative processes of social innovation labs such as Human Centered Design Thinking, eight trained stewards can go into community with their mobile pop up lab kits or use the [Action Lab space](#), to help foster ideas and action that lead to better quality of life for people with disabilities. Through this process Skills Society helps foster a culture of creativity, and helps people we serve strengthen a sense of belonging and find new ways to contribute their unique abilities in community.

To view more:

<http://www.skillsociety.ca/projects/citizen-action-lab/>

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Join IIMHL / IIDL

Any leader in mental health, addiction and disability services can join IIMHL or IIDL free by using this link: <http://www1.iimhl.com/Join.asp>

Please note: We try to find articles, new policies, research that has been released or opinion pieces we think are interesting to reflect on. Sometimes those who receive these may feel is not accurate either for its use of data or

not aligned with their views. IIMHL does not endorse any article it sends out as we try to rapidly share information.

