



From the IIMHL and IIDL Update List

Welcome to this bi-monthly edition of Update for 30 October 2016.

IIMHL and IIDL aim to improve client outcomes through leadership development in the mental health, addiction and disability sectors.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars.

Please feel free to share this e-bulletin with others and we would be delighted if you would join us on Facebook.

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IIMHL / IIDL Leadership Exchange 2017

Theme: Contributing Lives, Thriving Communities

27th February to 3rd March 2017

- To register: <http://www.iimhl.com/iimhl-leadership-exchange-2017-sydney#Register>
- To select an IIMHL match: <http://www1.iimhl.com/Meetings/Themes.asp>
- To select an IIMHL or IIDL match: <http://www.iimhl.com/iimhl-leadership-exchange-2017-sydney#Theme>
- To view the **DRAFT AGENDA** for the Combined Meeting **IIMHL and IIDL**: http://www.iimhl.com/files/docs/2017_Draft_Agenda.pdf

Available for downloading and sharing with your networks, are two flyers that describe the IIMHL and IIDL Leadership Exchange - Leadership Matches and Combined Meeting. Please share widely!

[2017 IIMHL Leadership Exchange Announcement](#)

[2017 IIDL Leadership Exchange Announcement](#)

Each country has an allocation of places, so waiting lists may start if the allocation is reached early.

Make it so: [The use of Tasers on people with mental health problems across IIMHL countries, October 2016 is now on the website](#)

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IIMHL Feature - England

Early Years: Promoting health and wellbeing in under 5s

National Institute for Health and Care Excellence (NICE) Quality standard

Published: 11 August 2016

This quality standard covers services to support the health, social and emotional wellbeing of children under 5. This includes: home visiting, childcare, early intervention services in children's social care, and early education. The standard includes vulnerable children who may need additional support. It does not cover clinical treatment or the role of child protection services. For more information see the early years: promoting health and wellbeing in under 5s topic overview. NICE quality standards focus on aspects of health and social care that are commissioned locally.

The quality standard is expected to contribute to improvements in the following outcomes:

- school readiness
- child development
- antisocial behaviour
- mental health
- educational attainment

https://gallery.mailchimp.com/c4f6b2fca0e12e49c424dea9f/files/Early_years_promoting_health_and_wellbeing_in_under_5s_NICE_2016.pdf

Other IIMHL Articles of Interest - England

Our Communities, our Mental Health: Commissioning for better public mental health

MIND, 2015

Mental health problems are the largest single source of disability in the UK. This represents a huge human cost as well as wider costs to society and the economy.

Over the last few years, we've been working to raise the profile of ways to promote wellbeing, build resilience and prevent mental health problems. We've also been championing the need for investment in this area because we believe this not only benefits individuals and their families but can also save health and social care services money. When reporting on spend for different public health priorities, local authorities file public mental health under 'Miscellaneous'. This lack of parity with physical health is echoed in the fact that in 2014/15 only 1 per cent of public health budgets was spent on mental health. This needs to change. This guide provides a background to public mental health: what it is, why it should be invested in and how to target interventions most effectively.

It's aimed at those of you with a responsibility for public health in England. Interventions across the course of someone's life are summarised and a range of practical case studies are provided to help you commission successful public mental health programmes in your area.

https://gallery.mailchimp.com/c4f6b2fca0e12e49c424dea9f/files/public_mental_health_guide_MIND_2015.pdf

Mental-health and housing

Mental Health Foundation, 2016

Policy Paper 2016

A project to identify which types of supported accommodation successfully meet the needs of people with mental health problems in order to recommend effective housing solutions.

https://www.mentalhealth.org.uk/sites/default/files/Mental_Health_and_Housing_report_2016_1.pdf

How Can Wellbeing Evidence Help You?

(2015, October 29). New Economics Foundation.

The newly formed [What Works Centre for Wellbeing](http://www.whatworkscentre.org) will use evidence gathered on wellbeing over five years to explore how factors such as participation within communities and the benefits of green space can affect wellbeing and quality of life.

<http://www.neweconomics.org/blog/entry/how-can-wellbeing-evidence-help-you>

Inequalities in Wellbeing: Challenges and opportunities for research and policy

Quick, A. (2015). New Economics Foundation.

This paper looks at what is meant by inequality in wellbeing and what could be done to influence the policies that determine the life chances of people from different demographics.

https://gallery.mailchimp.com/c4f6b2fca0e12e49c424dea9f/files/Inequalities_in_wellbeing_NEF.pdf

Mental Health Foundation: A New Way Forward

September 2015

This strategy sets out our case for a fresh emphasis on prevention, including understanding the causation and development of mental health problems, the pattern of risks, and the prevalence across different individuals and groups. Critically, we believe this has to be linked to service innovation and focused investment where solutions will have most impact. The Foundation identifies patterns of mental health problems and their causes. We research promising approaches so that we can offer sound advice and information. Our aim is to achieve change through taking an issue; examining available research and practice; developing a fresh approach; piloting it at increasing scales; and, eventually, where the evidence is good, promoting the roll-out of service innovation, supported by advocacy for changes in policy, investment and practice.

<http://www.mentalhealth.org.uk/content/assets/PDF/anewwayforward.pdf?view=Standard>

Inclusion Health: Education and Training for Health Professionals, 2016

Study commissioned and funded by the Department of Health to inform the work of the National Inclusion Health Board

This 180-page report is the output of a study of the education and training that healthcare professionals need, and also receive about Inclusion Health, to enable them to work effectively with vulnerable people who are either homeless, Gypsies and Travellers, Roma, sex workers or vulnerable migrants. The study was commissioned, by the Department of Health, to look at the situation in England and to inform the National Health Inclusion programme. Healthcare professionals are educated and trained in higher education institutions across the United Kingdom.

Much of the UK wide healthcare workforce is mobile and during their career many professionals will work in more than one devolved nation. With this in mind the study considered the education and training about Inclusion Health across the devolved administrations.

https://gallery.mailchimp.com/c4f6b2fca0e12e49c424dea9f/files/Inclusion_Health_education_UK_2016.pdf

[Resilience for the digital world: Research into children and young people's social and emotional wellbeing online](#)

(2016, February). YoungMinds and Ecorys

YoungMinds is calling for a new approach to ensure that the online world does not damage young people's mental health. Digital resilience is the ability for young people to respond positively and deal with risks they encounter online, as opposed to focusing solely on protecting them from risky content. Research into children and young people's social and emotional wellbeing online is outlined.

http://www.youngminds.org.uk/assets/0002/5852/Resilience_for_the_Digital_World.pdf

Other IIMHL Articles of Interest - Canada

WeBelong: International Forum on Life Promotion to Address Indigenous Suicide

November 17-19, 2016 in Vancouver

Coordinated with guidance from the national Indigenous organizations, youth, and co-chaired with **Thunderbird Partnership Foundation** and **International Initiative for Mental Health Leadership**, the Forum will celebrate successes in Indigenous community mental wellness and resilience and provide an opportunity for Indigenous people to continue the conversation through social media.

Indigenous peoples and communities face higher rates of suicide in Canada and across the world. In Canada the suicide rate for Indigenous is five to seven times higher than for other Canadians. Research has shown that there are unique risk factors for Indigenous, including experiences of colonization and the combined effects of historic trauma, marginalization from wider society, and broader socio-economic conditions such as employment and housing. Indigenous endured losses during colonization including loss of culture, language and place in wider society. Recovery and healing will include a revitalization of culture and language, and progress on reconciliation in Canada may also be a protective factor as it increases Indigenous inclusion and pride.

Throughout the history of colonization in Canada, First Nations, Inuit and Métis have demonstrated remarkable resilience. Any discussion about Indigenous suicide prevention must be balanced with the evidence of strength and resilience in Indigenous peoples and communities.

This international forum is already full, so we're using social media to increase reach - much of the conference will be live-streamed, and discussions on keynotes and workshops will seamlessly flow from the floor through our Facebook page and Twitter to across the world:

- <http://www.facebook.com/CFHI.Northern.Indigenous/#> or @CFHI.Northern.Indigenous which is linked from the CFHI main Facebook page
- Twitter #WeBelong2016
www.cfhi-fcass.ca

<http://www.cfhi-fcass.ca/NewsAndEvents/Events/We-Belong-2016>

New Project to Assist Veterans in Canada

Phil Upshall, National Executive Director, Mood Disorders Society of Canada is excited to announce a project to assist veterans transition back into the community and employment: “We believe this project will help us change the lives of a significant number of disadvantaged veterans and their families and caregivers”.

For more information on the veterans project click here:

<http://www.iimhl.com/files/docs/20161029.pdf>

IIDL Feature - Australia

Preventing Violence against Women and Girls with Disabilities: Integrating A Human Rights Perspective

By Carolyn Frohmader (Women With Disabilities Australia)

Associate Professor Leanne Dowse (University of New South Wales)

Dr Aminath Didi (University of New South Wales)

Revised and updated by Carolyn Frohmader September 2015

http://wwda.org.au/wp-content/uploads/2013/12/Think_Piece_Revised_Edition.pdf

It is well recognised that people with disabilities experience a disproportionate amount of violence, often unrecognised and unreported.

This article identifies that not only are women with disabilities more likely to experience, and to be at risk of, all forms of violence. Violence perpetrated against women with disabilities continues to fall through legislative, policy and service response gaps as a result of the failure to understand the intersectional nature of the violence that they experience, and the multiple and intersecting forms of discrimination.

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General enquiries about this Update or for other IIMHL information please contact Erin Geaney at erin@iimhl.com.

Join IIMHL / IIDL

Any leader in mental health, addiction and disability services can join IIMHL or IIDL free by using this link: <http://www1.iimhl.com/Join.asp>

Please note: We try to find articles, new policies, research that has been released or opinion pieces we think are interesting to reflect on. Sometimes those who receive these may feel is not accurate either for its use of data or not aligned with their views. IIMHL does not endorse any article it sends out as we try to rapidly share information.

