



From the IIMHL and IIDL Update List

Professor Richie Poulton is Director of the Dunedin Multidisciplinary Health and Development Research Unit, which conducts the Dunedin longitudinal study—one of the most detailed studies of human health and development ever undertaken.

A multidisciplinary, longitudinal study of 1,037 babies born in Dunedin during 1972–73, the Study members have been followed up since birth, at age 3; then every 2 years to age 15; and at ages 18, 21, 26, 32 and, most recently, 38 (2010-2012). It is next planned to see the Study members at age 45. Recent assessments have included a broad range of studies in the psychosocial, behavioural medicine and biomedical research areas. This TED Talk resonates with the ACES study in the US - the advantage of the Dunedin study being that they have followed 1,000 children over 40 years into adulthood, unique in the world.

<https://www.youtube.com/watch?v=KFzGGxZjboo>

Note 1: The link to the Study's website is: Dunedin Multidisciplinary Health & Development Research Unit - DMHDRU: <http://dunedinstudy.otago.ac.nz/>

Note 2: Link to the abstract of the recent article published in *Nature Human Behaviour* as mentioned by Ritchie in the video:

Caspi, A., Houts, R. M., Belsky, D. W., Harrington, H., Hogan, S., Ramrakha, S., Poulton, R., Moffitt, T. E. | 2016

Childhood forecasting of a small segment of the population with large economic burden.

Nature Human Behaviour, 2016

<http://www.nature.com/articles/s41562-016-0005>