International Initiative for Mental Health Leadership
and
International Initiative for Disability Leadership
Update

From the IIMHL and IIDL Update List
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Welcome to this bi-monthly edition of Update 28 February 2018

IIMHL organises systems for leaders to share innovations, network and problem solve across countries and agencies. The overall aim is to promote mental health and well-being for everyone. This includes developing leaders who can create the best possible conditions for mental health in all sectors across the life-span. Equally, it includes developing leaders who can deliver the best possible outcomes for people who use mental health and addictions services and their families.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars.

Please feel free to share this e-bulletin with others and we would be delighted if you would join us on Facebook.

IIMHL & IIDL Leadership Exchange 2018
Stockholm, Sweden, May 28 - June 1

IIMHL & IIDL 2018
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IIMHL Feature - Australia

Prescription Strong (Schedule 8) Opioid Use and Misuse in Australia – Options for a regulatory response Consultation paper
Australian Government, Jan 2018

This paper will examine the issues around prescription opioid use and misuse in Australia and explore options for a regulatory response to any issues identified, although some areas that have a direct interaction with areas of regulation are addressed. It is noted at the outset that use, and misuse, of opioids is affected by a wider range of factors beyond regulation, but regulation as it relates to demand from patients and supply from prescribers can play an important role in underpinning appropriate use and minimising misuse.
http://apo.org.au/system/files/128606/apo-nid128606-566216.pdf

Other IIMHL Articles of Interest - Australia

Suicide in Australian Children: An Examination of Characteristics and Impact on Parents
Griffith University, R Soole (PHD Thesis), 2015

The aim of this thesis was to find predictive factors for suicide in children under 15 years and to look at impact on parents.
https://www120.secure.griffith.edu.au/rch/file/9108dedf-e1ec-4bf0-b498-476a7c8b599c/1/Soole_2015_02Thesis.pdf

The 2017 National Report on Mental Health and Suicide Prevention
National Mental Health Commission, December 2017

The Fifth National Mental Health and Suicide Prevention Plan endorsed a national approach to address suicide prevention. By acknowledging that suicide prevention is the responsibility of all levels of government – Commonwealth, state and local – and by emphasising the importance of collaboration in all suicide prevention efforts, we hope the Fifth Plan can drive cohesive planning and action to respond to this major public health issue.
http://www.coaghealthcouncil.gov.au/Portals/0/Fifth%20National%20Mental%20Health%20and%20Suicide%20Prevention%20Plan.pdf

Australia, An Intoxicated Society: 40 years on from the Baume Report
Foundation for Alcohol Research and Education
November, 2017

Forty years ago, a progressive and prescient Senate Committee report identified alcohol and its harms as a problem of epidemic proportions. In 1977 the Senate Standing Committee on Social Welfare released its report, Drug Problems in Australia – an intoxicated society? The report is often referred to as the Baume Report since the Committee was chaired by Peter Baume, a physician and then Senator for New South Wales (NSW). To read this report in full:
http://fare.org.au/wp-content/uploads/Australia-an-intoxicated-society-40-years-on-from-the-Baume-report.pdf

The Role of Inpatient Care for Children and Adolescents with Moderate-to-severe Mental Disorders: An Evidence Check rapid review
Sax Institute for NSW Ministry of Health, Indig D, Gear C, York A, October 2017

A recent Australian survey of the mental health of children and adolescents identified that one in seven (14%) have experienced a mental health disorder in the past year with nearly half of these (5.6%) having a moderate-to-severe disorder. Appropriate care for young people with moderate to severe mental disorders will include a spectrum of services from community-based to inpatient settings. This Evidence Check synthesises the best available research evidence about when inpatient care is the most effective and appropriate form of care for children and adolescents with moderate to severe mental disorders.
http://apo.org.au/system/files/112736/apo-nid112736-443181.pdf

Mind The Gap: The National Disability Insurance Scheme and psychosocial disability - Final Report: Stakeholder identified gaps and solutions
University of Sydney and Community Mental Health Australia, January 2018

Many will be left without appropriate mental health support in the transition to the National Disability Insurance Scheme according to a report detailing experiences of consumers, providers and advocacy groups in the mental health sector. The ' Mind the Gap' report, compiled by the University of Sydney and Community Mental Health

Australia, highlights problems with the current state of the NDIS for people with psychosocial disability such as eligibility criteria that exclude many, slow uptake and engagement due to a disconnect between the notion of 'disability' and 'mental health', and inadequate involvement models for carers and families.
http://sydney.edu.au/health-sciences/documents/mind-the-gap.pdf

Indicators of a Thriving Workplace Survey – A Work In Progress
SuperFriend, Melbourne, 2017
This report provides a snapshot of findings from SuperFriend's third annual survey which tracks the progress of workplace mental health and wellbeing across Australia against the ideal or desired state. The survey uses 38 characteristics or indicators of a workplace environment that are known to be optimal for the mental health of employees and their ability to succeed at work. The 38 indicators cover four fundamental domains – Leadership, Connectedness, Policies & Practices and Capabilities & Culture with 5000 people.
https://www.superfriend.com.au/resources/indicators-thriving-workplace/

An Integrated Approach to Workplace Mental Health Nine Priorities for Implementation in Australia
University of Tasmania's Work, Health & Wellbeing Network, 2017

This is a white paper produced by the University of Tasmania's Work, Health & Wellbeing Network in collaboration with national and international researchers, practitioners and policy makers.

In October 2016, the University of Tasmania's Work, Health and Wellbeing Network convened a workshop with national and international workplace mental health experts to identify initial priorities for the implementation of an integrated approach to workplace mental health which form the basis of this white paper. The workshop was interactive and iterative and resulted in the identification, discussion and final selection of priorities.
http://www.utas.edu.au/__data/assets/pdf_file/0008/972395/WHW-Network-White-Paper.pdf

IIDL Feature - Australia

19 Stories of Social Inclusion
Belonging Matters & University of Melbourne, 2017

What does inclusion really look like? Here are 19 stories of inclusion collected by Belonging Matters and the Disability Research Initiative at the University of Melbourne and their allies in Australia.

https://www.19stories.org/

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