



From the IIMHL and IIDL Update List

Welcome to this bi-monthly edition of Update 30 March 2018

IIMHL organises systems for leaders to share innovations, network and problem solve across countries and agencies. The overall aim is to promote mental health and well-being for everyone. This includes developing leaders who can create the best possible conditions for mental health in all sectors across the life-span. Equally, it includes developing leaders who can deliver the best possible outcomes for people who use mental health and addictions services and their families.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars.

Please feel free to share this e-bulletin with others and we would be delighted if you would join us on Facebook.

**IIMHL & IIDL Leadership Exchange 2018
Stockholm, Sweden, May 28 - June 1**



**IIMHL & IIDL 2018
Building Bridges
Beyond Borders**

**PLEASE NOTE - ACCOMMODATION
Special rate at Quality Hotel Globe**

Limited depending on availability until April 25th.
After April 25th, no changes to reservations can be made
without incurring a charge.

<https://www.nordicchoicehotels.com/hotels/sweden/stockholm/quality-hotel-globe/special-offers/iimhl/>

SAVE THE DATE – NETWORK MEETING

<http://www.iimhl.com/files/docs/20171221a.pdf>

REGISTER NOW! - <https://iimhl.se>

In this issue:

- **IIMHL Feature Article - New Zealand**
 - [The Journal of Indigenous Wellbeing](#)
- **Other IIMHL Articles of Interest - New Zealand**
 - [New Zealand's Mental Health and Addiction Services: The monitoring and advocacy report of the Mental Health Commissioner](#)
 - [Comment or No Comment? Making the right choice for you, your family and whānau about talking to media after losing someone to suicide](#)
 - [He Kohikohinga Rangahau: A Bibliography of Māori and Psychology Research](#)
 - [Suicide Prevention: What can primary care do to make a difference?](#)
 - [From Theory to Practice: The Promise of Primary Care in New Zealand](#)
 - [Statement of Strategic Intentions 2017 to 2021](#)
 - [Early Start - Incredible Years Toddler Programme Evaluation](#)
 - [Child Poverty and Mental Health: A literature review](#)
- **IIDL Feature Article - USA**
 - [People Living with Disabilities Health Equity, Health Disparities, and Health Literacy: Proceedings of a Workshop](#)
- **Other IIDL Article of Interest - Australia**
 - [Alex Procopis - Elephant Whisperer - Giant Hearts Part 1: The Story](#)

IIMHL Feature - New Zealand

The Journal of Indigenous Wellbeing

This Journal is a peer-reviewed, open-access, scholarly online journal that shares multi-disciplinary indigenous knowledge and research experience amongst indigenous health professionals, leaders, researchers and community members. The journal publishes original, informative and scholarly articles on the broadly defined topic of indigenous wellbeing. Serving as a forum for the clarification and exchange of ideas, the journal features articles on projects that make a significant impact on our understanding of indigenous wellbeing ([see more](#)).

This issue is very much about incorporating knowledge from our leadership past and present, perpetuating self-determination and most importantly sharing the understanding of what works for us as indigenous people.

<https://journalindigenousewellbeing.com/>

[View latest issue: Volume 2, Issue 1](#)

Other IIMHL Articles of Interest - New Zealand

New Zealand's Mental Health and Addiction Services: The monitoring and advocacy report of the Mental Health Commissioner
Health & Disability Commission, February 2018

This work is based on a framework I have developed over the past year, with input from consumer and whānau advisors, providers, and other sector leaders. The framework takes account of:

- Themes and trends arising from complaints to HDC
- The experience of consumers, and of families and whānau of consumers
- Information from a wide range of organisations and sector leaders; and
- Key performance information

<http://www.hdc.org.nz/media/4688/mental-health-commissioners-monitoring-and-advocacy-report-2018.pdf>

Comment or No Comment? Making the right choice for you, your family and whānau about talking to media after losing someone to suicide

Mental Health Foundation, 2018

A 8-page resource about tips for talking to media after a suicide.

<http://shop.mentalhealth.org.nz/images/syncfiles/001733.pdf>

He Kohikohinga Rangahau: A Bibliography of Māori and Psychology Research

Hyde, J., Le Grice, J., Moore, C., Groot, S., Fia-Ali'i, J., Manuela, S.

School of Psychology, The University of Auckland, 2017

The present document is intended to provide a resource that provides an interconnected overview, and a deep level of insight into the specific areas that comprise Māori Psychology.

We hope this compilation will aide those seeking to find relevant material on Māori Psychological scholarship. Further, we hope students and lecturers may include this material in undergraduate assignments and lectures. We also anticipate this resource will be useful for postgraduate and academic researchers in psychology and related social science disciplines to enable and identify strengths and gaps in the literature that may warrant future research opportunities. For those working in clinical, applied behaviour analysis, health and further applied areas of psychology, and related mental health domains, we hope this work assists and provides a comprehensive and reputable knowledge base for the work you do in supporting Māori people.

For all of you who are considering embarking on study/work within the broader discipline of Psychology – nau mai haere mai!

<https://cdn.auckland.ac.nz/assets/psych/about/our-research/documents/He%20Kohikohinga%20Rangahau%202017.pdf>

Suicide Prevention: What can primary care do to make a difference?

BPACNZ, November, 2017

We asked several experts around New Zealand for their guidance on managing interactions with patients in primary care who are experiencing suicidal thoughts or behaviour. This is not intended to be a comprehensive guide, but it is the start of a conversation about suicide that we encourage all health professionals to consider. As individuals, we cannot stop 606 deaths per year, but if each of us intervene in a meaningful way with just one person, that is what can make a difference.

<https://bpac.org.nz/2017/docs/suicide.pdf>

From Theory to Practice: The Promise of Primary Care in New Zealand

Ian Axford (New Zealand) Fellowships in Public Policy

Prepared by Amy Downs, September 2017

New models of care: Recent evaluation of the PHO system and the extent to which it addresses access to care and addressed inequalities has not occurred. Some PHOs have embarked on a series of pilots and programmes. While New Zealand is in an enviable position to analyse how well different models have performed, few have been evaluated to see if or how they could be scaled up. Efforts to expand rigorous evaluation need to be combined with a dissemination strategy regarding lessons learned. PHOs are eager to learn what has worked and what has not in communities throughout New Zealand. To read this article in full:

<https://www.nzdoctor.co.nz/sites/default/files/2017-10/DOWNS-From-Theory-to-Practice-The-Promise-of-Primary-Care-in-New-Zealand-.pdf>

Statement of Strategic Intentions 2017 to 2021

Ministry of Health, November 2017

The Ministry funds, purchases and regulates national health and disability services, on behalf of the Crown. The Ministry will continue to develop its purchasing and funding capabilities, and capacity in the health and disability services, and direct it to the places that matter most to people. Our aim is that by 2021 New Zealanders will experience our health system differently. They will find services more tailored to meet their needs, a greater focus on prevention of illness and better management of long-term conditions.

<https://www.health.govt.nz/system/files/documents/publications/statement-of-strategic-intentions-2017-to-2021-ministry-of-health.pdf>

Early Start - Incredible Years Toddler Programme Evaluation

2017

Conclusions: The findings of this analysis suggest that:

- IYT can be delivered to high risk Early Start families with an acceptable rate of participation (65% course completion).
- IYT delivered small to moderate effect size benefits across a wide range of measures of child behaviour, parenting and related outcome
- Satisfaction with the programme, its delivery and course leadership was generally high suggesting that the programme was seen in a positive light by those completing it

The above findings provide more than adequate grounds for Early Start to continue to fund IYT as an adjunct to the service that can be offered to those families who are experiencing substantial problems with parenting and child behaviour management.

<http://www.earlystart.co.nz/wp-content/uploads/2016/04/IY-Toddler-book-FINAL.pdf>

Child Poverty and Mental Health: A literature review

New Zealand Psychological Society & The Child Poverty Action Group, 2016

Large numbers of children in New Zealand suffer from mental health problems, and large numbers of children suffer from poverty and hardship. This literature review provides information on the relationship between poverty experienced during childhood and the impact that poverty may have on the mental health of a child or young person, or later in their adulthood.

<http://www.psychology.org.nz/wp-content/uploads/CPAGChildPovertyandMentalHealthreport.pdf>

IIDL Feature - USA

People Living with Disabilities Health Equity, Health Disparities, and Health Literacy: Proceedings of a Workshop
National Academies Press, 2017

Poor health literacy has many negative consequences for achieving the quadruple aim of better care, improving the health of the community and the population, providing affordable care, and improving the work life of health care providers, and those consequences disproportionately affect those individuals with disabilities and those who experience health disparities. To better understand how health literacy, health equity, and health disparities intersect for individuals living with disabilities, the Roundtable on the Promotion of Health Equity and the Elimination of Health Disparities and the Roundtable on Health Literacy jointly sponsored a workshop that was held on June 14, 2016, in Washington, DC. This publication summarizes the presentations and discussions from the workshop.

Other IIDL Article of Interest - Australia

Alex Procopis - Elephant Whisperer - Giant Hearts Part 1: The Story

This is a delightful video which demonstrates that anything is possible when we truly believe in the gifts of people and support them to pursue their talents and dreams.

<https://www.youtube.com/watch?v=2oT8Bj7KE9s&list=PLMRJEEtKtTUbeadQMu2TBSilfKEGtyekU>

Fran Silvestri

President & CEO, IIMHL & IIDL

fran@iimhl.com

General enquiries about this Update or for other IIMHL information please contact Erin Geaney at erin@iimhl.com.

Join IIMHL / IIDL

Any leader in mental health, addiction and disability services can join IIMHL or IIDL free by using this link: <http://www1.iimhl.com/Join.asp>

Please note: We try to find articles, new policies, research that has been released or opinion pieces we think are interesting to reflect on. Sometimes those who receive these may feel is not accurate either for its use of data or not aligned with their views. IIMHL does not endorse any article it sends out as we try to rapidly share information.

