



From the IIMHL and IIDL Update List

Welcome to this bi-monthly edition of Update 15 December 2018

IIMHL and IIDL organise systems for leaders to share innovations, network and problem solve across countries and agencies. The overall aim is to promote mental health and well-being for everyone. This includes developing leaders who can create the best possible conditions for mental health and well-being in all sectors across the life-span. Equally, it includes developing leaders who can deliver the best possible outcomes for people who use mental health, addiction and disability support services and their families.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars. Please feel free to share this e-bulletin with others and we would be delighted if you would join us on Facebook.



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IIMHL Feature - Ireland

Empowerment - From ideas to action: MHI Strategic Plan 2019-2021

Mental Health Ireland, 2018

MHI is the longest established mental health charity in Ireland and throughout our history we and the MHAs have played a central role in reshaping how the public understand mental health issues. In our strategic plan we describe the next steps we will take to advance greater public understanding, empathy and support for people experiencing mental health challenges.

This new strategy is an invitation to become involved in something bigger, to be part of a dynamic movement that makes a real difference to many peoples' lives.

https://www.mentalhealthireland.ie/wp-content/uploads/2018/11/MHI-Strategy-Report_2019-2021.pdf

Other IIMHL Articles of Interest - Ireland

Suicide Prevention: GPs professional views & practice experience: Findings of a Survey

December 2017

Background: Connecting for Life (CfL), Ireland's national, coordinated, multifaceted strategy to reduce deaths by suicide and self-harm, recognises the important context that primary care plays in suicide prevention. Within this context, the General Practitioner (GP) plays a vital role.

In May 2017, the Monitoring & Evaluation Team & Clinical Advisor in the National Office for Suicide Prevention (NOSP) designed a survey, which in conjunction with Irish College for General Practitioners (ICGP), was circulated to all members and associates of the ICGP. The findings from the survey are being used by the NOSP Clinical Advisor to identify needs and inform service planners to shape how services might be better designed and delivered for and to, primary care practitioners to support their work with suicidal and self-harming persons.

To read in full:

<https://www.hse.ie/eng/services/list/4/mental-health-services/connecting-for-life/research-evaluation/findings/suicide-prevention-gps-survey-dec-2017-1.pdf>

Best Practice Guidance for Suicide Prevention Services: Findings of a Survey

Connecting for Life (CfL) is Ireland's national, coordinated, multifaceted strategy to reduce deaths by suicide 2015-2020. Strategic Goal 5 of this strategy seeks to ensure safe and high quality services for people vulnerable to suicide. A key Action (5.1.1) under this goal is to

'Develop quality standards for suicide prevention services provided by statutory and non-statutory organisations, and implement the standards through an appropriate structure'.

CfL currently has approximately 23 funded non-governmental partner organisations (NGOs) and projects. Between December 2017 and January 2018, the Monitoring and Evaluation (M&E) team in the HSE National Office for Suicide Prevention (NOSP) conducted a survey with these funded partners and other non-funded organisations working in the area of suicide prevention. The survey sought to assess respondents' current understanding, perceptions towards, and readiness to engage with the implementation of the Best Practice Guidance (BPG) for Suicide Prevention Services and other Governance Frameworks. This document summarises the key findings from this survey.

To read in full:

<https://www.hse.ie/eng/services/list/4/mental-health-services/connecting-for-life/research-evaluation/findings/best-practice-guidance-for-suicide-prevention-services-survey-sept-2018.pdf>

Review of the National Self-Harm Registry in Ireland: Summary

The National Self-Harm Registry Ireland (NSHRI) monitors the incidence of hospital presenting self-harm in the Republic of Ireland. Established in 2000 by the National Suicide Research Foundation (NSRF), the NSHRI has had full coverage of all adult and paediatric hospitals in Ireland since 2006. It is the only national self-harm registry in the world and formed the basis of recent WHO guidance on best practice in establishing and maintaining self-harm registries. The HSE National Office for Suicide Prevention (NSOP) commissioned a review of the NSHRI in September 2017 as part of Connecting for Life (CfL) strategic objective "To improve access to timely and high quality data on suicide and self-harm (CfL 7.2)"

To read in full:

<https://www.hse.ie/eng/services/list/4/mental-health-services/connecting-for-life/publications/review-of-the-national-self-harm-registry.pdf>

Framework for Recovery in Mental Health, 2018-2020 Progress Report

The National Framework for Recovery in Mental Health (2018-2020) is a document outlining 4 principles underpinning recovery and the actions required to develop more recovery orientated Mental Health services which has been developed by the Mental Health Division of the HSE.

To progress the Framework at a local level all community mental health services are coproducing their recovery framework implementation plans. The national Advancing Recovery team are supporting services with the development of their plans. Three guidance documents were developed as a resource to support services with their plan development i.e. Recovery education, family recovery and co-production documents which are on the ARI website listed below. All co-produced framework implementation plans will be returned to the HSE by end of December 2018. In 2019 the national ARI team will meet with every service to monitor implementation progress. The team along with local services will also be providing information sessions to the relevant stakeholders about the implementation of the framework in early 2019.

To find out more about the implementation of the framework, please visit:

http://www.hse.ie/eng/services/list/4/Mental_Health_Services/advancingrecoveryireland/national-framework-for-recovery-in-mental-health

IIDL Features - International

The Right to Personal Autonomy - Israeli Human Rights Centre for Persons with Disabilities

This article speaks to the fact that the right to self-determination for Persons with Disabilities has been recognized in law as a basic right of every human being, however it universally remains challenging for people to attain. The article looks at the issues of legal capacity, alternatives to guardianship and the rights of the disabled person in this process.

<http://bizchut.org.il/en/rights/the-right-to-personal-autonomy>

Supported Decision- Making and Personal Autonomy for Persons with Intellectual Disabilities: Article 12 of the UN Convention on the Rights of Persons with Disabilities Nandini Devi

This is an extensive and informative research article looking at Article 12 of the United Nations Convention, how this Article might be interpreted and applied in practice.

“Though Article 12 is moving in the direction of supported decision-making, much controversy has arisen in the interpretation of Article 12 regarding whether it allows for substituted decision-making. After an in-depth analysis of Article 12, in another paper, I show that the best interpretation is that, it is committed to supported decision-making. The objective of this paper is to show the conceptual connection between supported decision-making and the preservation of personal autonomy for persons with intellectual disabilities”

<http://journals.sagepub.com/doi/pdf/10.1111/jlme.12090>



We wish you all a wonderful and safe holiday season and hope that you have the opportunity to enjoy some relaxation and time with your families.

The next issue of IIMHL Update will be 15 January 2019

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Join IIMHL / IIDL

Leaders in any sector that can affect the conditions for Mental Health and Addictions and leaders in Disability services can join IIMHL or IIDL free by using this link:

<http://www1.iimhl.com/Join.asp>

Please note: We try to find articles, new policies, research that has been released or opinion pieces we think are interesting to reflect on. Sometimes those who receive these may feel is

not accurate either for its use of data or not aligned with their views. IIMHL does not endorse any article it sends out as we try to rapidly share information.

