



International Initiative
for Mental Health
Leadership



International Initiative
for Disability Leadership

IIMHL/IIDL 2022 Leadership Exchange
DRAFT North America Regional Hub Network Meeting Program
“Valuing Inclusion, Resilience and Growth”
Hilton Crystal City
2399 Richmond Highway, Arlington, Virginia 22202
As of October 23, 2022

Time slot	<p style="text-align: center;">IIMHL (Adams/Madison Rooms for 180)</p> <p>Note: Joint IIMHL and IIDL sessions will be held in the IIMHL Room</p>	<p style="text-align: center;">IIDL (Washington Room for up to 60)</p>
Shading indicates video component	<p>DAY ONE: Wednesday October 26, 2022</p> <p>Blue shaded elements indicate joint IIMHL and IIDL program</p>	
7:00 - 8:00	<p>Registration Opens – on first floor near Adams/Madison</p>	
7:30 – 8:30	<p>Welcome Breakfast for all IIMHL and IIDL members</p> <ul style="list-style-type: none"> - US leaders in Adams/Madison - Canadian leaders in Washington 	
8:30 – 9:00	<p>Indigenous Opening with Zotigh Singers</p>	
9:00- 9:30	<p>Formal Welcome</p> <ul style="list-style-type: none"> - Welcome by the Co-MCs: Brian Sims and Marshall Morrisseau - Right Honourable Jacinda Ardern, Prime Minister of New Zealand, video recording - Dr. Miriam E. Delphin-Rittmon, Assistant Secretary for Mental Health and Substance Use, US Department of Health and Human Services - Honourable Carla Qualtrough, Minister for Disability Issues, Canada, video recording 	
9:30 - 10:30	<p>Inspirational Keynote – Young Adult Lived Experience Perspectives on Valuing Inclusion, Resilience and Growth</p> <ul style="list-style-type: none"> - Tia Nelis, Director of Policy and Advocacy, TASH - William Kellibrew, International Advocate, William Kellibrew Foundation 	

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10:30 – 11:00	<p>Networking Break – Discuss Rural Mental Health and Wellbeing Policy - coffee/tea/snacks</p> <p><i>During the break, please see if you can find leaders who work with rural settings and ask them why and how rural settings need very different approaches to achieve mental health and wellbeing.</i></p>	
11:00 – 12:00	<p>Plenary #1 – Valuing Inclusion - Arthur Evans, CEO, American Psychological Association</p> <p>This interactive presentation will be centered around the concept of inclusion – both your own experiences creating and navigating inclusivity in your work as well as your thoughts on IIMHL’s and IIDL’s approach to this issue. Many recognize the benefits of embracing diversity and inclusivity from a values standpoint, as a ‘good thing to do’. This presentation demonstrates that inclusivity is actually essential for our work to be successful and provides both lessons learned and current concrete examples of what it means to advance inclusivity in meaningful and sustained ways.</p> <p>- Table discussions to follow with key questions:</p> <p><i>1. What has been your experience in taking an inclusive approach (engaging diverse perspectives that come from diverse world views) that resulted in outcomes you never would have achieved if you hadn’t taken such an approach? What lessons have you learned that you want to share?</i></p> <p><i>2. What is your advice to IIMHL and IIDL about how we can become more inclusive of diverse people in our way of doing things?</i></p>	
12:00 – 1:30	<p>Networking Lunch – served in the lobby area</p>	
1:30 – 2:30	<p>Plenary #2 – The Social Crisis in the Climate Crisis - Gary Belkin, Director, Billion Minds Project, Columbia University</p> <p>Climate change challenges everything--that includes the urgency to see and care for mental health and wellbeing as a core glue of societal health and survival. What does that mean for what mental health and disability systems do and how they help people live?</p> <p><i>Two questions for discussion are:</i></p>	

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	<ol style="list-style-type: none"> 1. <i>What reflections do you have on the description offered as to the broad "social climate" importance of mental health and wellbeing, and how/if that does/should it affect your leadership efforts?</i> 2. <i>What should the Race to Resilience Roadmap include, and how should it be developed? Do IIMHL and IIDL have a role?</i> 	
2:30– 3:30	<p>Reconciliation in Mental Wellness: Shifting to a Strength Based Paradigm</p> <ul style="list-style-type: none"> - Misko Kicknosway, Indigenous Youth Leader - Carol Hopkins, O.C., MSW, LL.D.(hons), CEO, Thunderbird Partnership Foundation <p>This presentation’s objective is to increase awareness and understanding of Reconciliation in Mental Wellness, what it is and what it is not. Reconciliation is a prominent movement and yet there is little understanding within mental health to facilitate atonement and action towards healing and wellness. Without investing time to acknowledge the truths, reconciliation, and therefore wellness, will be limited. The presentation will facilitate the awareness that underpins acknowledgement towards reconciliation. Action towards reconciliation will require the leadership of all.</p>	<p>Community Living for Individuals with Disabilities in the United States: A Look Back and Into the Future</p> <ul style="list-style-type: none"> - Jennifer Johnson, Deputy Commissioner, Administration for Community Living <p>People with disabilities in the United States have experienced many positive changes in their lives and living conditions over the past 30 years. Disability programs and policies in the U.S. have played a critical role in those advances. This session will review many of these accomplishments, highlighting findings from the recently published 30 Years of Community Living, and discuss priorities that are on the horizon that are necessary for strengthening community living opportunities for individuals with disabilities.</p>
3:30 – 4:00	<p>Networking Break</p> <ul style="list-style-type: none"> - coffee/tea/snacks 	
4:00 – 5:00	<p>Plenary #3 - Community Resilience and Growth Stories</p> <ul style="list-style-type: none"> - Video of a panel discussion - Rich Toscano and Jenna Robar facilitators <p>This session will provide reflections on actions taken to build resilience and to grow from traumatic community events, focused on Christchurch , New Zealand and other community examples.</p>	

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	<p>- Table discussions to follow with key question:</p> <p><i>What is your takeaway message about leadership for resilience and growth?</i></p>	
5:00 – 6:00	<p>Networking Reception - Cash bar and hors d’oeuvres</p>	
6:00 onwards	<p>Networking Evening – on your own</p>	
<p>DAY TWO – Thursday October 27, 2022 Blue shaded elements indicate joint IIMHL and IIDL program</p>		
8:15 – 8:45	<p>Arrival coffee/tea</p>	
8:45 – 10:00	<p>Plenary #4 - Learning Resilience from the Manchester Arena Bombing - Video recording from the European Hub - Presentation by Joshua Morganstein, Center for the Study of Traumatic Stress - Table discussions with key questions:</p> <p><i>1. During recent disasters in your community, which groups have suffered the biggest impact? What do you feel has been effective to help those groups?</i></p> <p><i>2. Considering that grief is common in disasters, what have you seen leaders do to address the issue of grief that had a positive impact on helping people heal and recover?</i></p>	
10:00 – 10:30	<p>Networking Break - coffee/tea</p>	
10:30 -12:00	<p>Concurrent Match Reports X 8 breakout rooms - Rural MH Policy: Monroe I - Children, Youth and Families and School Mental Health: Crystal Ballroom - Emerging Leaders: Roanoke - Suicide Prevention: Richmond - Indigenous Youth Leadership in Mental Wellness: Williamsburg</p>	<p>Some Long-Term Examples of Intentional Personalized “Life Giving” Practices as Revealed In Supported Decision Making, Citizen Advocacy and Intentional Support Circles - Panel presentation with Dr. Michael Kendrick, Katina Atmore</p>

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	<ul style="list-style-type: none"> - Sharing data, narratives and lived experiences of 2SLGBTQ+ communities in mental health: Adams/Madison - Population Mental Health Promotion: Yorktown - Peer Leadership: Monroe II 	
12:00 – 1:30	Networking Lunch – served in the lobby area	
1:30 - 2:30	<p>Intersection between Mental Health and Substance Use: Transforming Crisis Supports and Services</p> <p>This panel presentation will highlight how the 988 suicide crisis lifeline is being implemented in the U.S. and Canada and what has been both challenging and helpful. Presentations will also emphasize the importance for crisis supports and services that connect with 988 if higher levels of mental health and/or substance use care are needed. Youth from the U.S. and Canada will share their perspectives on the potential impact of 988 and other crisis supports to improve access to mental health and substance use services and treatment.</p> <p>Presenters:</p> <ul style="list-style-type: none"> - Anita Everett, Director, Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration (SAMHSA) - U.S. Youth (TBD) - Stephanie Priest, Director General, Centre for Mental Health and Wellbeing at Public Health Agency of Canada - Katlyn Kotila, Young Adult Public Speaker, Advocate and Queer Leader - Moderator: Meighan Haupt, Chief of Staff, National Association of State Mental Health Program Directors (NASMHPD) 	<p>Youth Supported Decision Making and Peer Support</p> <p>Panel presentation featuring a national project focused on elevating youth voices: <i>The Center for Youth Voice, Youth Choice</i>.</p> <p>Presenters: Cathy Costanzo, Hasan Ko, Ruby Moore, Darien Todd, Melody Cooper, Dana Lloyd</p> <p>This panel will focus on youth telling their own stories of maintaining autonomy, eliminating guardianships, and receiving the supports - including peer support- to make critical decisions affecting their lives.</p>

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2:30 – 3:30	Healthcare Workforce Mental Health This session will challenge participants to think more systemically about what is impacting the mental health of the healthcare workforce. Current strategies focused on self-care and building resiliency, are important, but not enough. Conversation/policies need to change to consider broader systemic impacts on the workforce (e.g. regulatory requirements, training, alternate models of care, alternate, new roles in the workforce). Solutions will be co-produced with current and future leaders of the healthcare workforce. - Peter Cornish, Stepped Care Solutions - Kelly Davis, Mental Health America - Matt Prebeg, Young Adult Leader, CAMH	Match Report – Advances in Self-Direction - Bevin Croft, Human Services Research Institute Across the world, there are a wide range of self-direction models and implementation approaches. Despite the variances, self-direction advocates have come to shared agreement on areas for advancement. These include ensuring disabled people are driving forward movement, equity in outreach and access, high quality person-centred planning, and a strong role for peer support. Bevin Croft from the Human Services Research Institute will report out on the match on Advances in Self-Direction, bringing together disabled people and allies to extend learnings from past exchanges and facilitate agreement on an international declaration on self-direction. The intent is to advance self-direction from an "allowable" option for support to the default position as a fundamental human right in health and disability support services.
3:30 – 4:00	Networking Break - cold drinks	
4:00 – 4:30	Closing Remarks and Welcome to the Netherlands 2024!	
4:30 – 5:00	Indigenous Closing with Zotigh Singers	