



From the IIMHL and IIDL Update List

Welcome to this bi-monthly edition of 30 November 2021

The International Initiative for Mental Health Leadership (IIMHL) and the International Initiative for Disability Leadership (IIDL) organise systems for leaders to share innovations, network and problem solve across countries and agencies. The overall aim is to promote mental health and well-being for everyone. This includes developing leaders who can create the best possible conditions for mental health and well-being in all sectors across the life-span. Equally, it includes developing leaders who can deliver the best possible outcomes for people who use mental health, addiction and disability support services and their families.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars. Please feel free to share this e-bulletin with others. We would be delighted if you would join us on Facebook and Twitter.

Our regular Update will continue to feature matters of practice, policy and innovation from our member countries. We are aware that COVID19 and its impact currently features hugely in the thinking and practical work of you, our members.

With that in mind, we are continuing to produce our now regular briefings on COVID19 and its impact in relation to mental health as well as other specific topic areas. You can find these briefings on our website (<https://www.iimhl.com/iimhl-covid19-update-archive>), via our Twitter feed: @IIMHL and of course by email.

IIMHL/IIDL Leadership Exchange 2022

We are pleased to announce the details of the 2022 Leadership Exchange:

Virtual Matches: Between October 3 - 20, 2022

- One or more online sessions per Match topic (each session will run for 90-120 minutes)

- Match hosts and co-hosts will co-design these with visitors, including an online session in March 2022

Regional Hubs: October 26 and 27, 2022

- In person meetings in three regions:
 - Australasia/Pacific Islands Lead Hub – Christchurch, New Zealand
 - North America Hub – Washington, DC
 - European Hub – TBD
- Leaders are invited to travel only to the Regional Hub that corresponds to the country in which they reside.

Virtual Viewing of Hubs: On Demand starting October 26-27, 2022

A Special Update will be sent to all members once registration opens for this new format.

In this issue:

- **IIMHL/IIDL Feature Articles - International**
 - [Emerging Leaders Report: Outcomes and next steps from the Australia/New Zealand Regional Meeting June 2021](#)
 - [Appointment of IIMHL & IIDL Regional Lead](#)
- **Other IIMHL Articles of Interest – International**
 - [A New Approach to Managing Mental Health Crisis Care in the Home: Intensive Home Treatment \(the Netherlands\)](#)
 - [European Monitoring Centre for Drugs and Drug Addiction: A Year In Review](#)
 - [European Drug Report: Trends and developments, 2021](#)
- **IIDL Feature Article – England**
 - [Personalisation in Black, Asian and minority ethnic communities](#)

IIMHL/IIDL Feature Article – International

Emerging Leaders Report

Outcomes and next steps from the Australia/New Zealand Regional Meeting June 2021

The Emerging Leaders Strategy is a critical piece of developmental work across IIDL and IIMHL and the Strategic Action Plan moving forward.

As a key component of the Australia/New Zealand Regional Exchange for IIMHL/IIDL, the Emerging Leaders meeting was held on the 24th June 2021 by zoom and was jointly hosted by the IIMHL/IIDL Emerging Leaders Coordinator Aisling Blackmore and the Australian National Mental Health Commission.

There continues to be strong interest in this work with 70 expressions of interest received for the Regional meeting. The meeting had strong representation and engagement across both IIMHL and IIDL and also from both Australia and New Zealand.

The report (https://www.iimhl.com/files/docs/Emerging_Leaders_Report.pdf) provides background to the Meeting and outcomes including a set of underlying values and draft Principles for action spanning both Emerging leaders themselves and established leaders, organisational policies to support emergence of new and diverse leaders as well as principles

for IIMHL and IIDL to action. Five key next steps are outlined to carry this work forward, including a further developmental process with regional meetings in the UK/Europe (December 2021) and North America (February 2022). This will result in a formal paper coming to both Sponsoring Countries leadership Groups and then Board in 2022 for endorsement of the Principles and Actions to Support Emerging Leaders.

It is envisaged that the (virtual) regional meetings in December 2021 and February 2022 will consider the draft principles developed by the first regional meeting in Australia/New Zealand and further develop these in an iterative fashion. The meetings will also be a pathway for members to participate in establishing the Emerging Leaders Strategy as an ongoing collaborative, including the co-design of the virtual Emerging Leaders match planned for October 2022.

Aisling Blackmore – Emerging Leaders Strategy Coordinator – IIMHL/IIDL

Eddie Bartnik – International Lead (IIDL)

Kathy Langlois – Regional Lead North America for IIMHL/IIDL

Appointment of IIMHL & IIDL European Regional Lead

IIMHL and IIDL are delighted to announce that Sean Russell has been appointed as IIMHL and IIDL European Regional Lead.

Sean Russell has a keen interest in public mental health and workplace mental wellbeing. From an early age, Sean was engaged in the disability agenda supporting young people with physical and learning disabilities. He is currently the Co-Investigator for the Midlands Engine Mental Health and Productivity Pilot at Coventry University working to research mental wellbeing in the business sector. For the last 5 years, Sean has led the development and implementation of the Mental Health Commission Action plan in the West Midlands, England. He was the founder of Thrive at Work and led the regional response to implementing Thrive into Work, with the ambition to reduce the burden of mental ill health, improve people's lives, and encourage healthier, more productive communities, through community and workplace wellbeing. Sean is also part of the West Midlands 'Include Me' disability participation in physical activity programme and a strong advocate of service user and carers voices.

Sean recently retired as a Police Superintendent, having spent most of his 27 years service within Birmingham Command Units in operational roles. Sean led the force response to policing mental health, including the development of a mental health triage project, liaison and diversion from custody and more recently the expansion of the mental health treatment requirements within the court setting, both regionally and nationally. Sean is a keen amateur cook, fan of Masterchef and an occasional cyclist / walker when time permits!

Please see the link for information about Sean:

https://www.iimhl.com/files/docs/IIMHL_IIDL_European_Role_announcement.pdf

Other IIMHL Articles of Interest – International

A New Approach to Managing Mental Health Crisis Care in the Home: Intensive Home Treatment

Crisis Talk, October 2021

The Netherlands

Intensive Home Treatment (IHT) is served by a multidisciplinary team that conducts the crisis assessment and delivers intensive home treatment. The team has about 20 professionals, including psychiatrists, psychiatric nurses, social psychiatric nurses—a specialty role for a psychiatric nurse—social workers who engage with employment and housing services, psychologists who provide access to psychotherapy, lived experience members, and family therapists.

Therapy may be as intensive as three visits in one day if required. Generally, the need for such intensive support abates after one week, and during the second week, the team may be visiting once a day or even down to three times during the week, thereby avoiding hospital care and achieving better results for the person. The team also works with the family to upskill them to be able to manage and support the person at home.

<https://talk.crisisnow.com/a-new-approach-to-managing-mental-health-crisis-care-in-the-home/>

European Monitoring Centre for Drugs and Drug Addiction: A Year in Review

June 2021

Resilience, agility and innovation are among the recurring themes in the latest EMCDDA General Report of Activities. The annual publication — presenting key achievements and governance — relates how the EMCDDA executed its work programme in 2020, a special year marking its 25 years of monitoring, but also the arrival of COVID-19.

Despite teleworking and lockdowns, the report describes how the EMCDDA team rose to the challenge of the pandemic and delivered some of its most successful products and services to date, including 35 scientific and corporate publications. Interest in the agency over the 12 months was illustrated by the estimated 1.6 million visitors to the EMCDDA website.

<https://www.emcdda.europa.eu/publications/gra/2020>

European Drug Report: Trends and developments, 2021

European Drug Net

The annual Trends and Developments report presents a top-level overview of the drug phenomenon in Europe, covering drug supply, use and public health problems, as well as drug policy and responses.

This year's EDR identifies the continued and escalating challenges to both public health and our security created by the trafficking of drugs into Europe and the production of illicit drugs within our borders. The resilience of organised crime groups involved in the drug trade is highlighted by the preliminary finding that the availability of drugs in Europe has not been seriously affected by the current pandemic. Rather, we continue to observe the risks to public health arising from the availability and use of a wide range of substances, often of high potency or purity. As Europe's drug problems continue to rapidly evolve, so too must Europe's response to drugs. The analysis of the impact of COVID-19 also reveals that while some services for those with drug problems have been disrupted, the care sector has also adapted rather quickly, and services were able to introduce innovative working practices to mitigate the impact of the current crisis on their clients.

https://www.emcdda.europa.eu/edr2021_en

3-minute video

<https://www.youtube.com/watch?v=jJ778-2nbFs>

IIDL Feature Article – England

Personalisation in Black, Asian and minority ethnic communities

Think Local Act Personal, Sept 2021

What does good personalised community-based care and support look like for people in ethnically diverse communities? This report aims to find good examples of personalised care and community-based support for people from ethnically diverse communities. It features 14 organisations around England offering services for different cohorts of people

<https://www.thinklocalactpersonal.org.uk/Latest/personalisation-in-BAME-communities/>

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Join IIMHL / IIDL

Leaders in any sector that can affect the conditions for Mental Health and Addictions and leaders in Disability services can join IIMHL or IIDL free by using these links:

For IIMHL:

<https://www.iimhl.com/iimhl-join>

For IIDL:

<https://www.iimhl.com/iidl-join>

IIMHL and IIDL Briefings contain information, reports and articles that may be of interest to leaders and organisations. The information, articles and reports represent the views and opinions of the organisation referenced, not necessarily those of IIMHL and IIDL.

