



From the IIMHL and IIDL Update List

Welcome to this bi-monthly edition of 15 September 2021

IIMHL and IIDL organise systems for leaders to share innovations, network and problem solve across countries and agencies. The overall aim is to promote mental health and well-being for everyone. This includes developing leaders who can create the best possible conditions for mental health and well-being in all sectors across the life-span. Equally, it includes developing leaders who can deliver the best possible outcomes for people who use mental health, addiction and disability support services and their families.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars. Please feel free to share this e-bulletin with others. We would be delighted if you would join us on Facebook and Twitter.

Our regular Update will continue to feature matters of practice, policy and innovation from our member countries. We are aware that COVID19 and its impact currently features hugely in the thinking and practical work of you, our members.

With that in mind, we are continuing to produce our now regular briefings on COVID19 and its impact in relation to mental health as well as other specific topic areas. You can find these briefings on our website (<https://www.iimhl.com/iimhl-covid19-update-archive>), via our Twitter feed: @IIMHL and of course by email.

New Date and Format for IIMHL/IIDL Leadership Exchange 2022

Original Event Date: February 28 - March 4, 2022

New Event Date: October 2022

New Format: Online with blend of regional/in-person hubs, as travel conditions allow

Following the Special Update forwarded to all members advising of the new date and format for next year's Leadership Exchange, the latest information on this event will always be available at:

<https://www.iimhl.com/2022-christchurch>

In this issue:

- **IIMHL Feature Article - International**
 - [United For Global Mental Health Three-Year Strategy July 2021 - June 2024](#)

- **Other IIMHL Articles of Interest - Canada**
 - [The Québec Alzheimer Plan: Sharing the experience of its implementation to strengthen primary care](#)
 - [The Long Term Care Plus \(LTC+\) Mental Health and Resiliency Resources for Healthcare Providers, Staff and Leaders page \(website\)](#)
 - [Mental Illness and Addiction in Canada](#)
- **Reminder**
 - [Innovative approaches to managing the consequences of the pandemic on mental health services - Invitation to submit case studies for new international report](#)
- **IIDL Feature Article – UK**
 - [National Disability Strategy](#)

IIMHL Feature Article - International

United For Global Mental Health Three-Year Strategy July 2021 - June 2024

United for Global Mental Health, 2021

Since UnitedGMH was established in 2018, we have helped raise the profile of mental health and psychosocial support (MHPSS) among global policy makers. We've brought together numerous organisations to create high-quality communications, policy and advocacy work. And we've secured additional funding for mental health.

Over the next three years we will continue to focus our work on the areas in which we have built unique knowledge and expertise, and remain committed to our vision for a world where everyone, everywhere has someone to turn to for their mental health.

<https://unitedgmh.org/our-strategy>

Other IIMHL Articles of Interest – Canada

The Québec Alzheimer Plan: Sharing the experience of its implementation to strengthen primary care

[Research on Organization of Healthcare Services for Alzheimers](#) (ROSA), McGill Department of Family Medicine, and Université de Sherbrooke and Healthcare Excellence Canada
June 2021

This policy brief (long) is part of a larger set of tools aimed at sharing the experience of the Québec Alzheimer Plan; it is the most detailed tool of the set. It aims to provide an in-depth portrait of the Québec Alzheimer Plan, by exploring its development, main orientations, implementation conditions, outcomes, and potential areas of development. Readers who are pressed for time are advised to review the summarized knowledge transfer tools for the key elements.

This policy brief (long) is divided into eight main sections; the first presents the key messages and the following seven, in the form of sheets on specific topics, provide more detail about the contents. It is designed to allow the reader to choose the sheet they wish to read, based on their needs and interests.

https://www.healthcareexcellence.ca/media/0p1jhwug/final-2-policy-brief-format-court_en-final-ua.pdf

Website

The Long Term Care Plus (LTC+) Mental Health and Resiliency Resources for Healthcare Providers, Staff and Leaders page

Healthcare Excellence Canada, 2021

The resources listed, while not exhaustive, use varied approaches to assist in providing support, guidance and tools for individuals, teams, leaders, and educators. These resources are designed for care providers, and it will be noted when they target LTC specifically.

<https://www.healthcareexcellence.ca/en/what-we-do/what-we-do-together/ltc-acting-on-pandemic-learning-together/ltc-mental-health-and-resiliency-resources-for-healthcare-providers-staff-and-leaders/>

Mental Illness & Addiction in Canada

Mood Disorders, 2021

There is now no doubt that there is a need in Canada to bring together, a comprehensive, evidence-based document containing important statistics relating to mental illnesses and addictions. The impact on individuals and their families, the healthcare system, the workplace, and the economy in general is extremely significant. There is also a need to develop a common understanding of the relationship between mental illnesses, addictions, and physical illnesses such as cancer, diabetes, and heart disease.

https://mdsc.ca/docs/MDSC_Quick_Facts_4th_Edition_EN.pdf

Reminder

Innovative approaches to managing the consequences of the pandemic on mental health services

Invitation to submit case studies for new international report

The International Initiative for Mental Health Leadership (IIMHL) and the NHS Confederation's Mental Health Network (MHN) have joined forces to develop a new annual publication of case studies that will explore newly developed service innovations.

We are inviting you to submit a case study to this first publication, which will focus on innovative approaches to managing the consequences of COVID-19 on mental health services. This is a great opportunity for you to internationally showcase the great work of your organisation. The report will be launched at a webinar later in the year.

Please see the link below for the application framework which includes key questions that will help guide you when writing your case study.

We would ask that you can complete your submission by **Friday 1 October** so that we can publish the complete set of case studies before the end of November.

https://www.iimhl.com/files/docs/Innovations_Framework.pdf

IIDL Feature Article – UK

National Disability Strategy

Government UK, July 2021

The National Disability Strategy sets out the actions the government will take to improve the everyday lives of all disabled people. It has 4 sections:

- Introduction (this section)
- [Part 1](#): immediate commitments to improving disabled people's lives
- [Part 2](#): including disabled people in policy making and service delivery
- [Part 3](#): summary of actions each government department will take

<https://www.gov.uk/government/publications/national-disability-strategy>

Fran Silvestri

President & CEO, IIMHL & IIDL

fran@iimhl.com

General enquiries about this Update or for other IIMHL information please contact Erin Geaney at erin@iimhl.com.

Join IIMHL / IIDL

Leaders in any sector that can affect the conditions for Mental Health and Addictions and leaders in Disability services can join IIMHL or IIDL free by using these links:

For IIMHL:

<https://www.iimhl.com/iimhl-join>

For IIDL:

<https://www.iimhl.com/iidl-join>

IIMHL and IIDL Briefings contain information, reports and articles that may be of interest to leaders and organisations. The information, articles and reports represent the views and opinions of the organisation referenced, not necessarily those of IIMHL and IIDL.

