



From the IIMHL and IIDL Update List

Welcome to this bi-monthly edition of 15 January 2022

The International Initiative for Mental Health Leadership (IIMHL) and the International Initiative for Disability Leadership (IIDL) organise systems for leaders to share innovations, network and problem solve across countries and agencies. The overall aim is to promote mental health and well-being for everyone. This includes developing leaders who can create the best possible conditions for mental health and well-being in all sectors across the life-span. Equally, it includes developing leaders who can deliver the best possible outcomes for people who use mental health, addiction and disability support services and their families.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars. Please feel free to share this e-bulletin with others. We would be delighted if you would follow us on Facebook and on Twitter @IIMHL and @IIDLeadership where you will find more information about us, our work and updates on developments in mental health, substance use and disability from around the world.

This regular Update will continue to feature matters of practice, policy and innovation from our member countries. We are aware that COVID19 and its impact currently features hugely in the thinking and practical work of you, our members. You can access our briefings on COVID-19 and its impact on mental health, substance use and disability on our website at: <https://www.iimhl.com/iimhl-covid19-update-archive>

Thanks for subscribing to our Update, we hope you find it informative and helpful. We are excited to share that we are currently refreshing our brand and website so future editions will look different. Watch this space!

REGISTRATION IS NOW OPEN!!

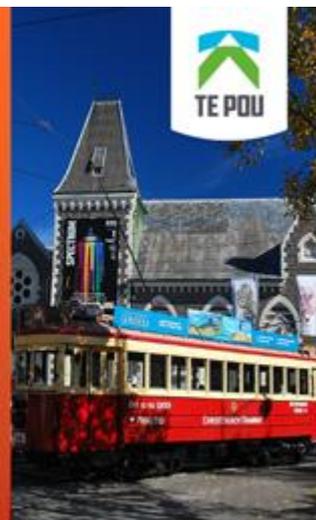
IIMHL/IIDL Leadership Exchange 2022

IIMHL and IIDL Leadership Exchange

Valuing Inclusion, Resilience and Growth.

*Kaingākoutia te whakawhāiti tāngata, te ngākau
manāwaroa, te puāwaitanga o te tangata.*

October 2022



We are pleased to announce the details of the 2022 Leadership Exchange:

Virtual Matches: Between October 3 - 20, 2022

- One or more online sessions per Match topic (each session will run for 90-120 minutes)
- Match hosts and co-hosts will co-design these with visitors, including an online session in March 2022

Regional Hubs: October 26 and 27, 2022

- In person meetings in three regions:
 - Australasia/Pacific Islands Lead Hub – Christchurch, New Zealand
 - North America Hub – Washington, DC
 - European Hub – TBD
- Leaders are invited to travel only to the Regional Hub that corresponds to the country in which they reside.

Virtual Viewing of Hubs: On Demand starting October 26-27, 2022

For more details see:

<https://iimhl.com/2022-leadership-exchange-menu-iimhl>

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IIMHL/IIDL Feature Article – Australia

National Children's Mental Health & Wellbeing Strategy

National Mental Health Commission, October 2021

In Australia, half of all adult mental health challenges emerge before the age of 14 and more than 50% of children experiencing mental health challenges are not receiving professional help.

Every child deserves the right to be supported and grow in a safe and healthy environment. To achieve this, Australia requires a nationally consistent mental health and wellbeing system that supports all children, and their communities, to thrive.

<https://www.mentalhealthcommission.gov.au/mental-health-reform/childrens-mental-health-and-wellbeing-strategy>

Other IIMHL Articles of Interest – Australia

Being Equally Well: A National Policy Roadmap to Better Health Care and Longer Lives for People Living with Serious Mental Illness

The Mitchell Institute for Education and Health Policy at Victoria University, August 2021

This has been a collaborative project between the Mitchell Institute at Victoria University, the Australian Health Policy Collaboration and Equally Well Australia. The project aim was to answer the question: “What needs to change at the front lines of clinical care and how can the changes be supported?” to reduce the premature mortality and high rates of poor physical health of people living with serious mental illness. Current health care services are simply and starkly failing to provide adequate physical health care for people with serious mental illness. People with serious mental illness have high rates of physical illness, particularly chronic diseases, and a far shorter life expectancy than the general population.

This Being Equally Well Roadmap comprises implementable, evidence-based changes that are feasible, affordable, and practical. The Roadmap has been designed by mental and physical health practitioners working collaboratively with consumers and carers. It is a map based on their professional and personal front line experience and addresses the frustrations that both professionals and consumers experience from current ill-designed health service arrangements.

<https://www.vu.edu.au/sites/default/files/being-equally-well-policy-roadmap-mitchell-institute.pdf>

Mental Health and Suicide Prevention - Interim Report

Parliament of the Commonwealth of Australia, 2021

On 10 December 2020, the House of Representatives resolved to establish a Select Committee on Mental Health and Suicide Prevention to inquire into the findings of recent reports and strategic reviews of the mental health system in light of events such as the 2019 bushfires and COVID-19.

<https://apo.org.au/sites/default/files/resource-files/2021-04/apo-nid311841.pdf>

Communicating about suicide guidelines

Mindframe, 2021

The media play an important role in shaping social attitudes and perceptions of suicide. For more than two decades Mindframe has worked collaboratively to support media and communications professionals to safely and accurately report on suicide to the Australian public.

Together media professionals, peak media bodies, suicide prevention and mental health organisations, consumer networks and Mindframe's advisory groups, which developed the national Mindframe guidelines for the discussion, reporting and publication of content, which references suicide and self-harm.

<https://mindframe.org.au/suicide/communicating-about-suicide/mindframe-guidelines>

IIDL Feature Article – Australia

Australia's Disability Strategy: 2021 to 2031

Commonwealth of Australia: Department of Social Services, 2021

The Strategy builds on the significant work of the National Disability Strategy 2010–2020 to establish a national approach to improving the lives of people with disability. The National Disability Insurance Scheme was the stellar achievement of this process. The new Strategy is an aspirational road map pointing the way ahead. It represents national commitment to enabling every Australian to meet their potential, to achieve, to have a fair go and to have real choices. In Australia's Disability Strategy 2021–2031, the values of respect, inclusion and equality are affirmed, and espouse them as fundamental to national identity.

<https://apo.org.au/sites/default/files/resource-files/2021-12/apo-nid315397.pdf>

The Strategy was developed through extensive consultations with people with disability, their families, carers and representatives and is strongly supported by the disability sector.

<https://pwd.org.au/new-australian-disability-strategy-welcomed-by-leading-disability-representative-organisations/>

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Join IIMHL / IIDL

Leaders in any sector that can affect the conditions for Mental Health and Addictions and leaders in Disability services can join IIMHL or IIDL free by using these links:

For IIMHL:

<https://www.iimhl.com/iimhl-join>

For IIDL:

<https://www.iimhl.com/iidl-join>

IIMHL and IIDL Briefings contain information, reports and articles that may be of interest to leaders and organisations. The information, articles and reports represent the views and opinions of the organisation referenced, not necessarily those of IIMHL and IIDL.

