

# UPDATE FROM IIMHL AND IIDL

## Welcome to this bi-monthly edition of 30 January 2022

The International Initiative for Mental Health Leadership (IIMHL) and the International Initiative for Disability Leadership (IIDL) organise systems for leaders to share innovations, network and problem solve across countries and agencies.

Thanks for subscribing to our Update, we hope you find it informative and helpful. You may have noticed that our branding looks a little different? We have recently refreshed our logos and our websites. We may look a little different, but we are still the same organization.

### In this Issue:

**REGISTRATION IS NOW OPEN!!**  
**Check out the excellent virtual matches!**

## IIMHL/IIDL Leadership Exchange 2022



The poster features a red background on the left with white text. On the right, there is a photograph of a red tram in front of a building, with a 'TE POU' logo in the top right corner. At the bottom, there are logos for IIMHL and IIDL.

**IIMHL and IIDL  
Leadership Exchange**

*Valuing Inclusion, Resilience and Growth.*

*Kaingākoutia te whakawhāiti tāngata, te ngākau  
manāwaroa, te puāwaitanga o te tangata.*

**October 2022**

  

We are pleased to announce the details of the 2022 Leadership Exchange:

**Virtual Matches:** Between October 3 - 20, 2022

- One or more online sessions per Match topic (each session will run for 90-120 minutes)

- Match hosts and co-hosts will co-design these with visitors, including an online session in March 2022

**Regional Hubs:** October 26 and 27, 2022

- In person meetings in three regions:
  - Australasia/Pacific Islands Lead Hub – Christchurch, New Zealand
  - North America Hub – Washington, DC
  - European Hub – TBD
- Leaders are invited to travel only to the Regional Hub that corresponds to the country in which they reside.

**Virtual Viewing of Hubs:** On Demand starting October 26-27, 2022

To register:

IIMHL: <https://www.iimhl.com/2022-leadership-exchange>

IIDL: <https://www.iimhl.com/2022-leadership-exchange-iidl>

- **IIMHL/IIDL Feature Article - England**
  - [Time for Action: Investing in comprehensive health support for young people](#)
- **Other IIMHL Articles of Interest – England**
  - [A Public Health Model for Mentally Healthier Integrated Care Systems](#)
  - [Time To Act: Mental Health in Early Careers](#)
- **Other IIMHL Article of Interest – UK**
  - [Long COVID-19 rapid guideline: managing the long term effects of COVID-19](#)
- **IIDL Feature Article – England**
  - [People at the Heart of Care: adult social care reform white paper](#)

## **IIMHL/IIDL Feature Article – England**

**Time for Action: Investing in comprehensive health support for young people**  
Centre for Mental Health, December 2021

Time for action, published by Centre for Mental Health and the Children and Young People's Mental Health Coalition, highlights the historic underinvestment in children and young people's mental health, and the postcode lottery of support which has resulted. Public spending on children's mental health lags behind investment in adult mental health services and there is wide variation in the amount spent per child in different areas.

The report calls for a comprehensive mental health investment strategy for 0-25 year olds.

<https://www.centreformentalhealth.org.uk/publications/time-for-action>

## Other IIMHL Articles of Interest – England

### **A Public Health Model for Mentally Healthier Integrated Care Systems**

Centre for Mental Health, October 2021

The briefing highlights three equally important aspects to a public health model of preventing mental ill health:

- Primary prevention: supporting whole population mental health, for example by getting Living Wage Foundation accreditation and reducing air pollution
- Secondary prevention: supporting people with higher risk factors for mental illness, by tackling discrimination and screening for social needs, for example
- Tertiary prevention: supporting people with mental health difficulties, for example by delivering parity between mental and physical health and ensuring continuity of care for those leaving prison.

[https://www.centreformentalhealth.org.uk/sites/default/files/publication/download/CentreforMentalHealth\\_Briefing57\\_BetterTogether.pdf](https://www.centreformentalhealth.org.uk/sites/default/files/publication/download/CentreforMentalHealth_Briefing57_BetterTogether.pdf)

### **Time To Act: Mental Health in Early Careers**

City Mental Health Alliance, 2021

The Time To Act Report, launched by the CMHA in partnership with Bupa, is a call to action for businesses. Almost three-quarters (72%) of people in early careers have experienced poor mental health in the past year. 28% say that poor mental health has impacted their ability to do their job well. Businesses have a responsibility and an opportunity to act to support the mental health and wellbeing of their colleagues at the start of their career. This is not only the right thing to do. The boost to recruitment, retention and productivity is critical for building a sustainable business.

This report brings together the voices and insights, via a YouGov survey and focus groups, of over 1,000 young professionals in the first four years of their career. It also has business-led recommendations and examples of good practice.

<https://citymha.org.uk/Resources/Early-Careers-Health-Programme/Time-To-Act>

## Other IIMHL Article of Interest – UK

### **Long COVID-19 rapid guideline: managing the long term effects of COVID-19**

National Institute for Health and Care Excellence (NICE), Scottish Intercollegiate Guidelines Network (SIGN) and Royal College of General Practitioners (RCGP)  
November 2021

This new and emerging condition, which has been described using a variety of terms including 'long COVID', can have a significant effect on people's quality of life. It also presents many challenges when trying to determine the best-practice standards of care based on the current evidence. There is no internationally agreed clinical definition or clear treatment pathway, and there is an evolving, evidence base. This guideline provides clinical definitions of the effects of COVID-19 at different times (see below). It also provides advice on diagnosis and management based both on the best available evidence and the knowledge and experience of the expert panel.

<https://www.nice.org.uk/guidance/ng188/resources/covid19-rapid-guideline-managing-the-longterm-effects-of-covid19-pdf-51035515742>

## IIDL Feature Article – England

### **People at the Heart of Care: adult social care reform white paper**

Department of Health & Social Care, December 2021

This white paper sets out a 10-year vision for adult social care and provides information on funded proposals that will be implemented over the next 3 years.

The Department's vision puts people at its heart and revolves around three objectives:

- People have choice, control and support to live independent lives.
- People can access outstanding quality and tailored care and support.
- People find adult social care fair and accessible.

<https://www.gov.uk/government/publications/people-at-the-heart-of-care-adult-social-care-reform-white-paper/people-at-the-heart-of-care-adult-social-care-reform>

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### **Join IIMHL / IIDL**

Leaders in any sector that can affect the conditions for Mental Health and Addictions and leaders in Disability services can join IIMHL or IIDL free by using these links:

For IIMHL:

<https://www.iimhl.com/iimhl-join>

For IIDL:

<https://www.iimhl.com/iidl-join>

*IIMHL and IIDL Briefings contain information, reports and articles that may be of interest to leaders and organisations. The information, articles and reports represent the views and opinions of the organisation referenced, not necessarily those of IIMHL and IIDL.*

