

UPDATE

FROM IIMHL AND IIDL

Welcome to this twice monthly Update issued May 3, 2022

The International Initiative for Mental Health Leadership (IIMHL) and the International Initiative for Disability Leadership (IIDL) organise systems for leaders to share innovations, network and problem solve across countries and agencies.

Thanks for subscribing to our Update, we hope you find it informative and helpful. You may have noticed that our branding looks a little different? We have recently refreshed our logos and our websites. We may look a little different, but we are still the same organization.

A message from the CEO

Welcome to this edition of Update. I'm pleased to share with you a range of information and resources relating to youth mental health, addiction and disability from across our member countries. Since taking up my post, the issue of youth mental health and disability has featured strongly in the conversations I have had with many leaders. Those discussions have ranged from the impact of the Covid-19 pandemic on young people, to concerns about access to services and how the voice of youth needs to play a central role on decision making on service development and delivery.

Our 2022 Leadership Exchange will provide opportunities to discuss these issues, share emerging good practice and problem solve collaboratively. Please do join us in October for both our Matches and the Network meeting, which will be hosted in Christchurch, Washington DC and Dublin. You can find more information here:

<https://iimhl.com/2022-leadership-exchange>

The past month or so has seen a number of important developments for our organization. We have been preparing for the commencement of our Inclusion Advisory Group, will shortly launch a survey of you, our members, asking important questions about how we can engage with you in new ways. We have spent time with leaders in the Netherlands, Ireland and Northern Ireland talking about our work and hearing from them about the key challenges that we can support them with. Our Emerging Leaders work is in full swing and our collaboratives continue to be a source of learning, collaboration and inspiration.

In future Update issues, we will provide you with more information and news about our ongoing work programmes and you will see a refreshed thematic approach to the knowledge sharing we offer.

With all good wishes

Steve Appleton
President & Chief Executive
IIMHL/IIDL

REGISTRATION IS NOW OPEN!!
Check out the excellent virtual matches!

IIMHL/IIDL Leadership Exchange 2022



The details of the 2022 Leadership Exchange can be viewed at this link:
[Exchange-Pamphlet-FINAL.pdf](#)

To register:

IIMHL: <https://www.iimhl.com/2022-leadership-exchange>

IIDL: <https://www.iimhl.com/2022-leadership-exchange-iidl>

This issue features the following articles:

- **IIMHL Articles**

- **A Voice for Change – UK**
- **Co-located mental health services for young people in contact with the justice system – N. Ireland**
- **Student Mental Health Plan – Australia**
- **A breakdown across the whole system' - New research into how we fail children who offend and what to do about it – New Zealand**
- **2021 National Mental Health Advisory Board for Youth – USA**
- **Frayme's Learning Institute Digital Shareback - Future State: The path to an exemplary mental health system – Canada**
- **Mind our rights! A webinar on children's rights and youth mental health – the Netherlands**
- **Pathways to Lifelong Mental Wellbeing: Rebuilding young people's mental health - Sweden**
- **“Nothing about us, without us”. Tips for policy-makers on child and adolescent participation in policy development - WHO**
- **Supporting young people's mental health through the COVID crisis - OECD**

- **IIDL Articles**
 - **Youth2000 survey Series Negotiating Multiple Identities: Intersecting Identities among Māori, Pacific, Rainbow and Disabled Young People – New Zealand**
 - **Better Outcomes, Brighter Futures - Ireland**
- **Scotland: PhD proposals for IIMH Leaders**
 - **Thriving Cities**
 - **Poverty and Mental Health**

IIMHL Articles

A Voice for Change - UK

Centre for Mental Health, April 2022

A voice for change highlights some of the issues affecting the mental health of young people from racialised communities and their access to support. It finds that young people from racialised communities often do not trust mental health services, face higher levels of stigma and are at greater risk of accessing mental health support through involuntary or coercive routes.

<https://www.centreformentalhealth.org.uk/publications/voice-change>

Co-located mental health services for young people in contact with the justice system – N. Ireland

As part of the review of CAMHS and the introduction of the new Stepped Care Model in the Southern Health and Social Care Trust, it was identified that young people within the justice system, although they appeared to have considerable levels of mental health needs, struggled to engage with CAMHS. From this, the concept of a pilot mental health worker, co-located within CAMHS and the Youth Justice Agency (YJA), was developed.

The service has enabled children coming into contact with the YJA to be assessed and supported directly, with referrals made to CAMHS where appropriate, including the promotion of services available within their multi-disciplinary team. Mental health assessment tools have also been developed for use by YJA to support early intervention with children and their families. The co-location of these services is delivering improved outcomes for children involved with the youth justice system and has been positively received from the children involved, their families, CAMHS and YJA alike. The pilot has resulted in more children having better access to mental health services, which in turn, contributes to their desistance from offending. This pilot has been co-funded by SHSCT and YJA in 2020 and, such has been its success to date, consideration is now being given to rolling it out across Northern Ireland.

<https://www.health-ni.gov.uk/sites/default/files/publications/health/doh-mhs-strategy-2021-2031.pdf>

Student Mental Health Plan - Australia

Victoria University (VU) Melbourne, 2022

Our SMHP is structured around the following Six Principles:

1. VU Students are experts on their own experience and mental health needs.
2. The VU learning environment supports students' mental health.
3. VU promotes diversity and inclusivity to enhance mental wellbeing and study success.
4. The VU Community has a collaborative approach to support mental health and wellbeing.
5. VU provides the right help, at the right time for students' mental health needs.
6. VU has an evidence based, innovative, and evaluative approach to mental health support.

<https://www.vu.edu.au/sites/default/files/student-mental-health-strategy.pdf>

A breakdown across the whole system - New research into how we fail children who offend and what to do about it – New Zealand

Law Foundation, 2022

“This report is about children. More specifically, it is about children, aged 10 to 13 years, who have offended, as well as those at risk of offending. Often labelled ‘child offenders’, many of these children go on to become ‘youth offenders’ when they turn 14 (through to age 17), and some eventually enter the adult criminal justice system at aged 18 and beyond.

“As the research makes clear, they are children who have often endured physical, sexual, or emotional abuse, constant transience, or intergenerational disconnection from their whanau, whenua, and culture”.

<https://www.lawfoundation.org.nz/?p=41331>

2021 National Mental Health Advisory Board for Youth – USA

Wellbeing Trust, 2021

To strengthen and help bolster advocacy efforts and turn frustration into action, 20 young adults ages 16-24 from across the United States have joined a newly formed National Mental Health Advisory Board, with the support of Active Minds, Well Being Trust, and Young Invincibles.

<https://wellbeingtrust.org/news/20-emerging-young-adult-leaders-join-national-mental-health-advisory-board-to-advance-advocacy-efforts-outreach/>

Frayme’s Learning Institute Digital Shareback - Future State: The path to an exemplary mental health system - Canada

February 2022

In February of 2022, the third annual Frayme Learning Institute (LI) took place. Most importantly, the LI was an opportunity to come together to amplify system transformation through integrated youth services and care for youth.

Frayme has now released a fully digital shareback of the entire event which includes:

- Key learnings and takeaways;
- Graphic recordings and a social feed;
- Video recordings of every workshop, plenary and symposium session that took place

<https://frayme.ca/learning-institute-shareback-2022>

Mind our rights! A webinar on children's rights and youth mental health – the Netherlands

May 10th, 1-2pm CET

What are the benefits of using a child right-based approach? And how are these rights currently implemented in youth mental health care across the world? The focus of this webinar will be on two rights in particular: the right to grow up (mentally) healthy and the right to be heard, and thus to be actively involved in policy making.

Hosted by Jens Gigase, with talks by:

- Ton Liefwaard (Leiden University) – Benefits and implementation of children's rights in mental health here
- Joanna Lai (UNICEF) – On my Mind: how adolescents experience and perceive mental health across the world
- Cassandra Harrison (Youth Access) – Make our rights reality: a manifesto created by hundreds of young people across England

Register by this link:

<https://docs.google.com/forms/d/e/1FAIpQLSfMMhDEFrIAvyFTWloPch3Q1tHolzPs22Kr5zewTbv-MnR5tq/viewform>

Questions: Email vhemmelder@denerlandseggs.nl

Pathways to Lifelong Mental Wellbeing: Rebuilding young people's mental health - Sweden

(from the Uppsala Health Summit March 2022)

This webinar has the following speakers:

- Karin Brocki, Professor of Psychology, Uppsala University and Chair of the Uppsala Health Summit Programme Committee on mental wellbeing
- Jacqueline Sperling, Clinical psychologist, faculty at Harvard Medical School, and the co-founder and co-program director of the McLean Anxiety Mastery Program at McLean Hospital
- David Anthony, Chief of Strategic Planning, Convening and Emerging Research Areas, UNICEF Office of Research – Innocenti
- Lance McCracken, Professor of Psychology, Uppsala University
- Prudence Atukunda Friberg, Senior Thematic Advisor, Humanitarian Unit, Church of Sweden
- The webinar is moderated by Fredrik Lindencrona, Lead for strategic improvement and international collaboration, Swedish Association of Local Authorities and Regions (SKR).

<https://www.youtube.com/watch?v=2utBQ2JjU-k>

International youth documents

“Nothing about us, without us”. Tips for policy-makers on child and adolescent participation in policy development - International
WHO, 2022

WHO/Europe has published new guidance on how to involve adolescents and young people in decision-making about their health.

The new guide calls on governments and policy-makers to listen to and understand the perspectives, experiences and needs of young people when making policies or decisions affecting their health. These could be, for example, policies that are part of a national child and adolescent health strategy, or those related to youth and adolescent health services.

<https://www.euro.who.int/en/health-topics/health-policy/pages/news/news/2022/02/who-europe-urges-governments-to-include-young-people-in-decisions-about-their-health>

Supporting young people's mental health through the COVID crisis – International OECD 2021

During the COVID-19 pandemic, young people have consistently reported worse mental health than the rest of the population. Learn how governments can focus on protecting young people's mental health.

https://www.oecd.org/coronavirus/policy-responses/supporting-young-people-s-mental-health-through-the-covid-19-crisis-84e143e5/?utm_source=Adestra&utm_medium=email&utm_content=Learn%20more&utm_campaign=OECD%20Health%20Update%20May%202021&utm_term=els

IIDL Articles

Youth2000 survey Series Negotiating Multiple Identities: Intersecting Identities among Māori, Pacific, Rainbow and Disabled Young People – New Zealand

Ministry of Youth Development, 2020

Thank you to the rangatahi/youth who took part in the survey and the schools and families who supported them – without all of you there would be no intersectionality survey. We enormously appreciate your time, openness and energy.

In this report we explore the wellbeing of Aotearoa New Zealand secondary school students with the following identities using data from the Youth19 Rangatahi Smart Survey:

- Rainbow rangatahi Māori
- Pacific Rainbow young people
- Rangatahi Māori with a disability or chronic condition
- Pacific young people with a disability or chronic condition
- Rainbow young people with a disability or chronic condition
- Young people who are both Māori and Pacific

<https://www.myd.govt.nz/documents/resources-and-reports/publications/negotiating-multiple-identities/youth19-intersectionality-report-final.pdf>

Ireland 2022: Public Consultation on the next Government Policy Framework for Children and Young People in Ireland: Better Outcomes, Brighter Futures

Consultation and ideas are wanted for the Better Outcomes, Brighter Futures policy which covered all those aged 0-24 and set out Five National Outcomes we want for all children and young people. These were that children and young people:

1. Are active and healthy, with positive physical and mental wellbeing.
2. Are achieving their full potential in all areas of learning and development.
3. Are safe and protected from harm.
4. Have economic security and opportunity.
5. Are connected, respected and contributing to their world.

The Department of Children, Equality, Disability, Integration and Youth will work together with other Government Departments and statutory agencies, children and young people, as well as community and voluntary stakeholders, to set out the actions needed to improve outcomes for children and young people in Ireland.

<https://www.gov.ie/en/consultation/b0f0a-public-consultation-on-the-next-government-policy-framework-for-children-and-young-people-in-ireland/>

Scotland: PhD proposals for IIMHL leaders

Strathclyde University Centre for Health Policy is offering two PhD topics for interested leaders in IIMHL.

Thriving Cities

This exciting international PhD will focus on the emergence of 'thriving city' initiatives that have developed in recent years in Europe and North America to promote the mental health and wellbeing of their residents. It will identify key elements of the 'thriving city' model across these sites and how lessons learned from the experience of existing thriving city initiatives can inform future developments. This core focus will be decided with the successful applicant.

Poverty and Mental Health

The PhD at Strathclyde will examine the role that community based organisations can and do have in addressing mental health inequalities in Scotland. Covid has brought the issue of mental health inequalities to the fore and this research will examine the experiences of community development organisations and activists across Scotland to understand what they are currently doing in this area.

In addition to academic supervision you will be supported and guided by three strategic partners: Edinburgh Health and Social Care Partnership (co-funder), The UK Mental Health Foundation and The Poverty Alliance.

For this opportunity we are looking for an individual who not only has the right research skills and interests, but also has direct experience of poverty.

Deadline for both applications is 23rd May 2022

www.strath.ac.uk/studywithus/postgraduateresearchphdopportunities/humanitiessocialsciences/socialworksocialpolicy/

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General enquiries about this Update or for other IIMHL information please contact Erin Geaney at erin@iimhl.com.

Join IIMHL / IIDL

Leaders in any sector that can affect the conditions for Mental Health and Addictions and leaders in Disability services can join IIMHL or IIDL free by using these links:

For IIMHL:

<https://www.iimhl.com/iimhl-join>

For IIDL:

<https://www.iimhl.com/iidl-join>

IIMHL and IIDL Briefings contain information, reports and articles that may be of interest to leaders and organisations. The information, articles and reports represent the views and opinions of the organisation referenced, not necessarily those of IIMHL and IIDL.

