

UPDATE

FROM IIMHL AND IIDL

Welcome to this twice monthly Update issued May 18, 2022

The International Initiative for Mental Health Leadership (IIMHL) and the International Initiative for Disability Leadership (IIDL) organise systems for leaders to share innovations, network and problem solve across countries and agencies.

Thanks for subscribing to our Update, we hope you find it informative and helpful. You may have noticed that our branding looks a little different? We have recently refreshed our logos and our websites. We may look a little different, but we are still the same organization.

A message from the CEO

Dear members and friends

It has been another busy couple of weeks or so since our last Update. We completed three very positive days with colleagues at WHO-Europe in Copenhagen, working with them as part of the pan-European mental health coalition. IIMHL is leading work with WHO-Europe on one of six working packages, focused on leadership development. The discussions are now being reviewed and we will be taking forward plans for this work package over the coming two or three months, more on this soon.

We have been pleased to support a number of events taking place over the past month to mark Mental Health Awareness month in the US, European Mental Health Awareness week in Europe and Mental Health Awareness week in the UK. These are important markers in the calendar to enable all of us who have leadership roles, to once again highlight mental health not only within professional circles, but with the population as a whole.

I was delighted to join IIDL SCLG colleagues at their regular meeting recently. There was a very good discussion about the nature of relationships, social isolation and loneliness and how these can be alleviated. Thanks to Eddie Bartnik, Lorna Sullivan and Michael Kendrick for a thought provoking session.

Dublin is now confirmed as our host city for the European Regional Hub for the Leadership Exchange, and colleagues there, along with those in New Zealand and the US and Canada are finalising their programs. If you haven't registered yet, please do, places are being taken up fast, you do not want to miss out!

Steve Appleton
President & Chief Executive
IIMHL/IIDL

REGISTRATION IS NOW OPEN!!
Check out the excellent virtual matches!

IIMHL/IIDL Leadership Exchange 2022



The details of the 2022 Leadership Exchange can be viewed at this link:
[Exchange-Pamphlet-FINAL.pdf](#)

To register:

IIMHL: <https://www.iimhl.com/2022-leadership-exchange>

IIDL: <https://www.iimhl.com/2022-leadership-exchange-iidl>

This issue features the following articles:

- **IIMHL Articles**

- **The Reality of Co-Production: Learning from Experiences of Working with Service Users as Stakeholders – International Webinar 24 May 2022**
- **Mental Health Awareness Month: May 2022 – USA**
- **Mental Health Awareness Week: 2nd to 8th May 2022 – Theme: Empathy - Canada**
- **Mental Health Awareness Week: 9th to 15th May 2022 – Theme: Loneliness - UK**
- **Mental Health Awareness Week - 9th to 13th May 2022 – Theme: Speak Up - Europe**

- **IIDL Articles**

- **Scottish Learning Disability Week: 2nd to 8th of May 2022**
- **Enabling Good Lives: A new Approach to supporting disabled people – New Zealand/Aotearoa**
- **Global report on assistive technology - International**

IIMHL Articles

Webinar – 24 May 2022

The Reality of Co-Production: Learning from Experiences of Working with Service Users as Stakeholders - International

The College for Behavioral Health Leadership & IIMHL

Co-production rejects the traditional understanding of service users as dependents of public services, and instead redefines the service/ user relationship as one of co-dependency and collaboration. In practice, it means that those who are affected by a service are not only consulted, but are part of the conception, design, steering, and management of services.

Using real-life examples, this interactive discussion will share learning from the theories, tensions, challenges and benefits of co-production in health practice and research. Among other areas, we will collectively discuss power inequalities, lived experience vs. data to inform decision-making, and ethical considerations.

<https://www.leaders4health.org/event/webinar-the-reality-of-health-research-co-production-learning-from-experiences-of-working-with-patients-as-stakeholders/>

Mental Health Awareness Month: May 2022 - USA

SAMHSA

During Mental Health Awareness Month, SAMHSA is raising awareness about the importance of mental health in the lives of all Americans. Check out what SAMHSA is doing and how to get involved! There are a range of activities throughout the month. See link below.

<https://www.samhsa.gov/programs/mental-health-awareness-month>

Mental Health Awareness Week: 2nd to 8th May 2022 - Canada

Canadian Mental Health Association

Theme: Empathy

Empathy. It's the capacity we share as human beings to step into each other's shoes. To understand where they're coming from and what they're feeling. To listen hard and refuse to judge. It's also one way to reduce and resolve conflict.

<https://www.mentalhealthweek.ca/>

Mental Health Awareness Week: 9th to 15th May 2022 - UK

Theme: Loneliness

One in four adults feel lonely some or all of the time. There's no single cause and there's no one solution. After all, we're all different! But, the longer we feel lonely, the more we are at risk of mental health problems. Some people are also at higher risk of feeling lonely than others.

For Mental Health Awareness Week this year, we're raising awareness of the impact of loneliness on our mental health and the practical steps we can take to address it.

<https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week>

Mental Health Awareness Week - 9th to 13th May 2022 - Europe

Theme: Speak Up

Mental Health Europe (MHE) is hosting the third edition of the European Mental Health Week on 9-13 May 2022. The theme 'Speak up for mental health' will shine the spotlight on youth mental health as a high-profile societal issue now and in the future.

"Be the change you want to see in the world!"

- Speak up – Shape a brighter future
- Speak up for mental health. Be vocal. It's ok to not be ok.
- Mental health affects all of us at every stage of our lives.
- Shape a brighter future for young people.
- Everyone needs and deserves access to mental health care.

<https://www.mhe-sme.org/emhw/>

Video

<https://youtu.be/bilrCejdwm0>

IIDL Articles

Scottish Learning Disability Week: 2nd to 8th of May 2022 - Scotland

Scottish Commission for People with Learning Disabilities

Last year (2021) the Scottish Government committed to the incorporation of United Nations Convention on the Rights of Persons with Disabilities (UNCRPD) as part of a Human Rights Bill for Scotland. Because of this, disabled people's human rights will be enshrined by Scottish Law for the first time. This means that we are living in an exciting time in Scotland, as we understand how our human rights apply to our everyday lives and to explore what we need to do to make our human rights 'real', and make them make sense in our everyday lives.

<https://www.sclld.org.uk/learning-disability-week/>

Website

Enabling Good Lives: A new Approach to supporting disabled people – New Zealand/Aotearoa 2022

• Vision

In the future, disabled people and their families will have greater choice and control over their lives and supports, and make more use of natural and universally available supports.

• Principles

Achieving our future vision for disability supports is complex and will take time. There will be many details to work through. A principles-based approach will ensure we stay on track to progress the vision. We will use the principles in the Enabling Good Lives report to help guide decisions on the changes.

• Objectives

EGL is about making it easier for disabled people and their families to create good lives for themselves.

<https://www.enablinggoodlives.co.nz/about-egl/>

Global report on assistive technology - International UNICEF & WHO, 2022

To better understand the current global assistive technology access situation, data have been collected from 35 countries with nearly 330 000 individuals. Based on representative self-reported population surveys in 29 countries, WHO-United Nations Children's Fund (UNICEF) estimate that there are more than 2.5 billion people who would benefit from one or more assistive products. With populations ageing and the prevalence of noncommunicable diseases rising across the world, this number is likely to rise above 3.5 billion by 2050. The need for assistive products is influenced by many factors including a person's functional ability, level of awareness, socioeconomic situation, living context, and interaction with the environment. However, there is a considerable global inequity among countries in terms of access.

<https://apps.who.int/iris/bitstream/handle/10665/354357/9789240049451-eng.pdf?sequence=1&isAllowed=y>

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Join IIMHL / IIDL

Leaders in any sector that can affect the conditions for Mental Health and Addictions and leaders in Disability services can join IIMHL or IIDL free by using these links:

For IIMHL:

<https://www.iimhl.com/iimhl-join>

For IIDL:

<https://www.iimhl.com/iidl-join>

IIMHL and IIDL Briefings contain information, reports and articles that may be of interest to leaders and organisations. The information, articles and reports represent the views and opinions of the organisation referenced, not necessarily those of IIMHL and IIDL.

